

# JANUARY 2020

Nehalem Elementary School

Menus can be found online at  
NKNSD.ORG/PARENTS

Reminder: Every Monday is Late Start

Monday

Tuesday

Wednesday

Thursday

Friday

**Meal Prices:**

\$0.00 Student Breakfast  
\$2.90 Student Lunch  
\$2.75 Adult Breakfast  
\$4.70 Adult Lunch

No School 1



Winter

Break

**Breakfast** 6

Pancake Sausage Bites

**Lunch**

Grilled Chicken Sandwich  
Ham & Cheese WW Sandwich

**Breakfast** 7

Hashbrown & Toast

**Lunch**

Lasagna  
Sub Sandwich

**Breakfast** 8

Oatmeal

**Lunch**

Cheese Pizza  
Pepperoni Pizza  
CB & Pineapple Pizza

**Breakfast** 9

Bagel & Strawberry Cream  
Cheese

**Lunch**

Fish Nuggets  
Grilled Cheese Sandwich  
French Fries

**Breakfast** 10

Breakfast Burrito

**Lunch**

Cheese Burger  
Turkey & Cheese  
WW Sandwich  
Tater Tots

**Breakfast** 13

Pancake on a Stick

**Lunch**

Parmesan Chicken Sandwich  
Ham & Cheese WW Sandwich  
Potato Wedges

**Breakfast** 14

Mini Maple Chip Waffles

**Lunch**

Chicken Alfredo  
PB & Jelly WW Sandwich  
WG Garlic Toast

**Breakfast** 15

Breakfast Rounds

**Lunch**

Beef Burrito  
Chef Salad  
WG Tortilla Chips

**Breakfast** 16

Biscuit  
& Sausage Link

**Lunch**

Enchilada  
B.L.T Wrap

No School 17  
District Wide  
In-Service

No School 20  
Martin Luther  
King Jr.  
Holiday

**Breakfast** 27

Waffle Sticks

**Lunch**

Cheese Filled Breadsticks  
Marinara  
Chicken Caesar Salad  
WW Roll

**Breakfast** 28

Breakfast Sandwich

**Lunch**

Crunchy Taco  
Turkey & Cheese Bagel  
WG Cheddar Goldfish

**Breakfast** 29

Biscuits & Gravy

**Lunch**

Sloppy Joes  
Crispy Chicken Salad  
French Fries

**Breakfast** 30

Bagel & Cream Cheese

**Lunch**

Turkey Gravy &  
Mashed Potatoes  
Sub Sandwich  
WW Roll

**Breakfast** 31

French Toast Sticks

**Lunch**

Nachos  
SW Chicken Wrap  
WG Tortilla Chips

A variety of fruits & vegetables are available on our daily offering bar. Everyday choices of 1% Low-Fat Milk & Non-Fat Milk are available.

**WW- Whole Wheat & WG-Whole Grain:** Each of our bread items served are Whole Wheat or Whole Grain

**Whole Grain Cereals** are offered everyday as a choice for Breakfast.

**"This institution is an equal opportunity provider"**