NOVEMBER 2021
Nehalem Elementary School

Reminder: Mondays are Late Start

Menu is subject to change due to availability of items

Monday	Tuesday	Wednesday	Thursday	Friday
1 **Breakfast** Bagel & Cream Cheese **Lunch** Chicken Nuggets Tater Tots	**2** **Breakfast** Yogurt & Graham Crackers **Lunch** Teriyaki Chicken WG Rice	**3** **Breakfast** Cereal **Lunch** Cheese Burger Tater Tots	**4** **Breakfast** Hashbrown & Sausage Link **Lunch** Lasagna WG Garlic Toast	**5** **Breakfast** Mini Waffles **Lunch** Parmesan Chicken Sandwich Potato Wedges
8 **Breakfast** Apple Cinnamon Muffin **Lunch** Corn Dog French Fries	**9** **Breakfast** Waffle Sticks **Lunch** Macaroni & Cheese Veggies with Hummus	**10** **Breakfast** Cereal **Lunch** Crunchy Taco Corn	**11** Veteran's Day Holiday No School	**12** **Breakfast** Banana Bread Slice **Lunch** Peppy Turkey Rotini WG Garlic Breadstick
15 **Breakfast** Bagel & Cream Cheese **Lunch** Chicken Strips French Fries	**16** **Breakfast** Yogurt & Graham Crackers **Lunch** Fish Sticks French Fries	**17** **Breakfast** Cereal **Lunch** Baked Chicken WW Roll	**18** **Breakfast** Cinnamon Filled Bagel **Lunch** Enchilada WG Garlic Toast	**19** **Breakfast** Apple Cinnamon Breakfast Bar **Lunch** Turkey & Cheese WW Sandwich
22 **Breakfast** Blueberry Muffin **Lunch** Hot Dog Potato Wedges	**23** **Breakfast** Strawberry Filled Bagel **Lunch** Spaghetti w/ Meat Sauce WW Roll	**24** No School	**25** Happy Thanksgiving! No School	**26** No School
29 **Breakfast** Banana Choc. Chip Breakfast Bar **Lunch** Ham & Cheese Bagel WG Fritos	**30** **Breakfast** WW Cinnamon Rolls **Lunch** Chicken & Cheese Pasta WG Garlic Breadstick			

Each meal will consist of a WG Entrée, fruit, vegetable, and milk. **WW**- Whole Wheat & **WG**-Whole Grain: Each of our bread items served are Whole Wheat or Whole Grain. Whole Grain Cereals will be served on certain days. **Meals are at no cost for children 18 and under until the end of the school year in June 2022**. We do encourage you to fill out a free & reduced application that will carry over into next school year and will benefit other district programs.

"This institution is an equal opportunity provider"