

# NOVEMBER 2022

## NEHALEM ELEMENTARY SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday



Yogurt & Fruit **7**  
 Corn Dog & Fries  
 Deli Sandwich

French Toast Sticks **14**  
 Bean & Cheese Burrito  
 Deli Sandwich

Waffles **21**  
 Spaghetti & Breadstick  
 Deli Sandwich

Yogurt Parfait **28**  
**PIZZA DAY**

Blueberry Muffin **1**  
 Chicken Nuggets  
 Deli Sandwich

Pancake on a Stick **8**  
 Chicken Ramen Bowl  
 Deli Sandwich

Breakfast Sandwich **15**  
 Southwest Rice Bowl  
 Deli Sandwich

Blueberry Muffin **22**  
 Bean Burrito Bowl  
 Deli Sandwich

Pancakes & Sausage **29**  
 Toasted Cheese & Tomato Soup  
 Deli Sandwich

Oatmeal **2**  
 Enchiladas  
 Chef's Salad

Banana Choc. Chip Bar **9**  
 Tacos  
 Chef's Salad

Cinnamon Bagel **16**  
 Tater Tot Casserole  
 Chef's Salad

**23**  
 No School

Blueberry Breakfast Bar **30**  
 Western Cheeseburger  
 Crispy Chicken Salad

Scrambled Eggs/Sausage **3**  
 Sloppy Joe's & Tots  
 Chicken Taco Salad

Apple Cinnamon Muffin **10**  
 Crispy Chicken Drumstick  
 Deli Sandwich

Pancakes **17**  
 Hot Dog & Baked Beans  
 Cobb Salad

**24**  
**HAPPY THANKSGIVING**

Breakfast Bar **4**  
 Chili & Cornbread  
 Deli Sandwich

**11**  
 Veterans Day  
 No School

Yogurt & Graham Crackers **18**  
 Breakfast For Lunch  
 Deli Sandwich

**25**  
 No School



A variety of fresh fruits & veggies are available daily on our offering bar. Every day choices of 1% & non-fat milk are available. All of our bread items are whole wheat or whole grain.

Whole grain cereal is offered everyday as a choice for breakfast.

Menu items are subject to change due to availability. Please be understanding as we continue to struggle with product supply issues. Thank you!