

NEAH-KAH-NIE HIGH SCHOOL ATHLETIC PERMISSION SLIP

Participation in athletics has many rewards and can provide tremendous enjoyment. However, it is important for both participants and parents to realize that an element of physical risk is present when one is involved in athletics. The purpose of this letter is to clarify the school's position in terms of insurance coverage and to obtain your permission in securing the quickest medical assistance possible, if your son or daughter should be injured.

The school's insurance coverage, like that of all schools, does not cover personal injury that is the result of athletic participation. It is important that you check with your own insurance carrier to be certain that athletic injury for your son or daughter is covered by your own policy. The school's insurance policy does cover injury that would result from an accident incurred with school transportation going to and from practice or game sites. Students who choose to provide their own transportation must carry their own insurance coverage. Likewise, students and/or parents who volunteer to transport others to and from practice and/or games are not covered by school insurance.

PLEASE COMPLETE THIS FORM AND RETURN IT IMMEDIATELY TO THE HIGH SCHOOL OFFICE.

Student Name _____ Grade _____

Sports _____

☐ Check box if student is interested in all sports.

Parent whose policy covers athlete _____

Health insurance carrier _____ Policy number _____

I hereby give permission to the proper school authorities to seek the appropriate medical assistance for our son or daughter in the event of an injury. I likewise understand that the school is not liable for the payment of the medical costs in the event of injury sustained in athletic participation. I assure the school that I am duly authorized to execute this document.

Parent signature _____ Date _____

Daytime phone number _____ Evening phone number _____

Emergency contact _____ Phone number _____

Please circle answers below and explain any "yes" if, in the past year, student named above:

1. Has had injuries requiring medical attention _____ Yes No

2. Has had illness lasting more than a week _____ Yes No

3. Is under a physician's care now _____ Yes No

4. Takes medication now _____ Yes No

5. Wears glasses: Yes No Contact lenses: Yes No

6. Had been in a hospital (except tonsils) _____ Yes No

If yes, explain here: _____

Do you know any reason why this student should not participate in sports? Yes No

Explain _____

Physician _____ Phone _____

A copy of this permission slip must be provided to the coach at the beginning of any/all sporting seasons.

ATHLETIC/ACTIVITIES CODE

Neah-Kah-Nie School District #56 is proud of its athletic and activity programs. Our coaches, teachers, advisors and administrators expect students to apply themselves to their academics, to have good attendance records, to be neat and clean in appearance, and to behave in an appropriate manner at all times. The faculty, coaching staff, and administration consider interscholastic athletics and activities to be an important extension of the school day. In order to enhance the overall athletic program for all participants, specific rules are provided which create particular athlete-coach expectations and allow for great consistency in the administration of the athletic program.

Physical Exams for Athletics

All students must have a physical exam performed by a physician licensed by the Oregon State Board of Medical Examiners, **prior** to practice and competition in athletics. The physical exam is the responsibility of the parents/students and is to be paid for by the parents. Any participant that has had an injury or illness and has been under the care of a physician **must** have a "Return to Play" form signed by the physician before participation.

The following guidelines have been established by School district #56 and **MUST** be read by the student and parent/ guardian before any student can participate in athletics or activities

General Rules

1. Team sports are: football, basketball, and volleyball. Individual sports are: cross country, wrestling, and track.
2. 6th grade students **may try out** for team sports. Players will be evaluated by the coaching staff to determine their skill level and their worthiness of making the 7th or 8th grade team. 7th and 8th grade students will be guaranteed to make the teams and will have participation opportunities.
3. The policy shall be in effect 24 hours a day from the first day of practice through the last contest in that sport or activity.
4. Participants will ride to and from any event held at another school on school provided transportation. A student may ride with their own parent or guardian **ONLY** if it has been pre-arranged with the coach. (This is usually done only on the trip home.) If a student rides home with another player's parent, a change in transportation form must be completed prior to the trip. Students may not ride home with older siblings.
5. Athletes are eligible to compete in a contest or practice only if they attend school the entire day of the contest or practice. The only exceptions would be pre-excused absences or by administrative approval.
6. All students must be covered by insurance **before** being allowed to practice or compete in an athletic event.
7. All students must have a physical examination by a certified medical doctor on the prescribed OSAA physical form every two years.
8. All paperwork (permission form, physical, and insurance) must be on file in the office before the first practice.
9. No student will be allowed to participate in more than one sport during a sport's season unless all coaches arrange and agree to a joint participation agreement.
10. Students are expected to attend school first period on the morning after school sponsored event. Any extracurricular participation accompanied by a tendency toward tardiness will require a meeting with the Athletic Director, any advisor or teachers involved, and a parent to discuss further participation.

Academic Eligibility

All High School students are academically eligible for participation in athletics at the beginning of the academic year regardless of their status from the preceding year.

Athletic eligibility will be determined on a weekly basis throughout the season. If student academic standing is unacceptable in any classes, he/she is ineligible for the next week. He/she will be placed on probation and with the approval of teachers and coaches may practice, but may not participate in any interscholastic contests. Eligibility will be turned in on Thursday and those on probation will be notified Friday by the athletic director. Probation period will be the following Monday through Friday. Note: Teachers, coaches, and administrators reserve the right to limit participation based on unacceptable behavior and/or academic standing.

Should the same student, in the judgment of the administration and staff, fail to show reasonable academic progress during his/her initial probation period, he/she will become ineligible for the next week. During this probation period the student may not participate in practices or contests to allow them more time to raise their grades. If at the end of the second week of probation the student still has not made adequate progress a meeting will be scheduled with the parent and student to determine the student's future athletic status.

At the end of a twelve-week grading period, a student must be passing (D or better) all courses. If the student fails to pass the required courses, he/she will be ineligible for 15 days of extracurricular participation. After the 15 days have passed the student must obtain written permission from any teachers who failed them and present this information to the administration who will review and sign it to be presented to the coach. The student will then go back on a weekly basis for eligibility.

A student will not be eligible to participate in extracurricular activities, if they have not been in attendance for a full day unless the absence is excused through the Middle School office. If the extracurricular activity occurs on Saturday then the student must be in attendance the entire preceding Friday, unless excused through the Middle School office. Illness and tardiness to school are not considered as excused absences for athletic eligibility.

Participation certificates will be issued to all athletes who successfully complete a sports season. Letters will be awarded to those students who successfully complete two or more sports seasons.

These guidelines have been established as a minimum code for athletics/activities. **Coaches/advisors, teachers, and administrators may institute additional rules of conduct.**

Signature of Student Athlete _____ Fecha _____

Parent/Guardian _____ Fecha _____