

**NKN Middle School**  
**School-Level Communicable Disease Management Plan**  
**School Year 2023-2024**



**SCHOOL  
DISTRICT**

*Preparing children for an ever changing world*

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## **School/District/Program Information**

District or Education Service District Name and ID: Neah-Kah-Nie School District, #56


School or Program Name: Neah-Kah-Nie Middle School

Contact Name and Title: Lori Dilbeck, Principal

Contact Phone: 503-355-3551

Contact Email: [lolid@nknsd.org](mailto:lolid@nknsd.org)

**Table 1.**

	<p><b>Policies, protocols, procedures and plans already in place</b></p> <p>Provide hyperlinks to any documents or other resources currently utilized in your school/district. Consider adding a brief description about how each is used within your school.</p>
<p><b>School District Communicable Disease Management Plan</b>  <a href="#">OAR 581-022-2220</a></p>	<p><a href="https://nknsd.org/wp-content/uploads/2023/08/Updated-CD-Guidance.pdf">https://nknsd.org/wp-content/uploads/2023/08/Updated-CD-Guidance.pdf</a></p>
<p><b>Exclusion Measures</b>          Exclusion of students and staff who are diagnosed with certain communicable diseases.  <a href="#">OAR 333-019-0010</a></p>	<p>Exclusion per OHA/ODE communicable disease current guidance, page 13 of above communicable disease plan.</p>
<p><b>Isolation Space</b>          Requires a prevention-oriented health services program including a dedicated space to isolate sick students and to provide services for students with special health care needs.  <a href="#">OAR 581-022-2220</a></p>	<p>Health room has isolation space. If health room is in use, healthy students will utilize a separate space and the health room will be used for ill students or those needing isolation. Air purifiers are located in each health room and isolation space.</p>
<p><b>Emergency Plan or Emergency Operations Plan</b>  <a href="#">OAR 581-022-2225</a></p>	<p><a href="https://nknsd.org/wp-content/uploads/2022/08/18-19-NKNEmergencyPlan-updated-08192022.pdf">https://nknsd.org/wp-content/uploads/2022/08/18-19-NKNEmergencyPlan-updated-08192022.pdf</a></p>



## Policies, protocols, procedures and plans already in place

Provide hyperlinks to any documents or other resources currently utilized in your school/district. Consider adding a brief description about how each is used within your school.

**Mental Health and Wellbeing Plans such as those prepared for [Student Investment Account](#)**  
(optional)

Under the care and connect model, each school prioritizes Social and Emotional Learning opportunities. A school counselor is dedicated to each school to support students and staff. School counselors meet with students by appointment and on a walk-in basis. A district nurse is available to speak with families by phone or meet with students in person to discuss wellness and mental and physical health. A school based health center is located on site.

**Additional documents reference here:**



## SECTION 1. Clarifying Roles and Responsibilities

Identifying roles central to communicable disease management. Clarifying responsibilities related to communicable disease response is a first step in keeping communities healthy and safe. In general, decisions of school health and safety reside with school and district officials. Together with local public health officials, school/district administrators should consult a variety of individuals when making decisions about health and safety in school.

**Table 2. Roles and Responsibilities**

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
Building Lead / Administrator	<ul style="list-style-type: none"> <li>Educates staff, families, and students on policies regarding visitors and volunteers, ensuring health and safety are being maintained.</li> </ul>	Lori Dilbeck, Principal	Tyler Reed, Superintendent

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
Building Lead / Administrator	<ul style="list-style-type: none"> <li>• In consultation with district leadership and LPHA staff, determines the level and type of response that is required/necessary.</li> <li>• Acts as key spokesperson to communicate health-related matters within school community members, health partners, and other local partners.</li> </ul>	Lori Dilbeck, Principal	Tyler Reed, Superintendent
School Safety Team Representative ( <i>or staff member knowledgeable about risks within a school, emergency response, or operations planning</i> )	<ul style="list-style-type: none"> <li>• Trains staff at the start of the academic year and at periodic intervals on communicable disease management procedures.</li> <li>• Leads debrief of communicable disease event, informing continuous improvement of the planning, prevention, response, and recovery system.</li> </ul>	<p>Lori Dilbeck, Principal</p> <p>Principal and Assistant Principal participate in Safety Committee meetings monthly where incidents regarding safety and health are reviewed and plans placed for any improvement needs.</p> <p>District Nurse will participate in rotating safety meetings throughout the district.</p>	Tyler Reed, Superintendent
Health Representative ( <i>health aid, administrator, school/district nurse, ESD support</i> )	<ul style="list-style-type: none"> <li>• Supports building lead/administrator in determining the level and type of response that is necessary.</li> <li>• Reports to the LPHA any cluster of illness among staff or students.</li> <li>• Provides requested logs and information to the LPHA in a timely manner.</li> </ul>	Denise Weiss, District Nurse	Lori Dilbeck, Principal

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
School Support Staff as needed <i>(transportation, food service, maintenance/custodial)</i>	<ul style="list-style-type: none"> <li>• Advises on prevention/response procedures that are required to maintain student services.</li> </ul>	First Student, Busing Kris Troutman, Food Service John Wheeler, Lead Custodian	Marie Giani, Head Secretary
Communications Lead <i>(staff member responsible for ensuring internal/external messaging is completed)</i>	<ul style="list-style-type: none"> <li>• Ensures accurate, clear, and timely information is communicated including those who may have been exposed, a description of how the school is responding, and action community members can take to protect their health.</li> <li>• Shares communications in all languages relevant to school community.</li> </ul>	Lori Dilbeck, Principal	Denise Weiss, District Nurse
District Level Leadership Support <i>(staff member in which to consult surrounding a communicable disease event)</i>	<ul style="list-style-type: none"> <li>• Has responsibility over communicable disease response during periods of high transmission in community at large. May act as school level support to Building lead/Administrator activating a scaled response.</li> <li>• Responds to media inquiries during the communicable disease event and ensures that those responsible for communication are designated speakers.</li> </ul>	Tyler Reed, Superintendent	Denise Weiss, District Nurse

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
Main Contact within Local Public Health Authority (LPHA)	<ul style="list-style-type: none"> <li>• Notifies Building Lead/Administrator of communicable disease outbreak and offers recommendations for appropriate response.</li> <li>• Key spokesperson to communicate on health-related matters with community members, health facility staff, and other local community partners.</li> </ul>	Denise Weiss, District Nurse	Lori Dilbeck, Principal
Others as identified by team			



## Section 2. Equity and Continuity of Education

### Preparing a plan that centers equity and supports mental health

Preparing a school to manage a communicable disease case or event requires an inclusive and holistic approach to protect access to in-person learning for all students. In this section suggested resources are offered to help prepare for communicable disease management while centering an equitable and caring response.


#### Centering Equity

Identify existing district or school plans and tools that can be utilized when centering equity in prevention, response, and recovery from incidents of outbreaks (e.g., district or school equity plans/stances/lenses/decision tools, Equity Committee or Team protocols, district or school systems for including student voice, existing agreements or community engagement or consultation models, Tribal Consultation<sup>1</sup>, etc.)

- Equity Statement, <https://nknsd.org/wp-content/uploads/2021/12/District-Equity-Statement-adopted-May-14.pdf>

<sup>1</sup> Tribal Consultation is a separate process from stakeholder engagement; consultation recognizes and affirms tribal rights of self-government and tribal sovereignty, and mandates state government to work with American Indian nations on a [government-to-government](#) basis.


- District Equity Lens, <https://nknsd.org/wp-content/uploads/2021/12/NKNSD-Equity-Lens-Final-Draft.pdf>

	<p><b>Suggested Resources:</b></p> <ol style="list-style-type: none"> <li>1. <a href="#">Equity Decision Tools</a> for School Leaders</li> <li>2. <a href="#">Community Engagement Toolkit</a></li> <li>3. <a href="#">Tribal Consultation Toolkit</a></li> </ol>
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**Table 3. Centering Educational Equity**

OHA/ODE Recommendation(s)	Response:
Describe how you will ensure continuity of instruction for students who may miss school due to illness.	Attendance secretaries notify administration, nurse, and counselors when student illness is impacting attendance. Plans are agreed upon and made with student and families to ensure student stays connected to classes and teachers when missing instructional time.
Describe how you identify those in your school setting that are disproportionately impacted by communicable disease and which students and families may need differentiated or additional support.	District nurse and principals work closely with Special Education Director, School Counselors and English Language Learner Specialist to identify individuals or groups disproportionately impacted, connecting students and families to appropriate support teams.
Describe the process by which the school will implement a differentiated plan for those that are disproportionately impacted, historically underserved or at higher risk of negative impacts or complications related to communicable disease.	Specific accommodations would be implemented utilizing wrap around services including family resource coordinator, translator or other district or community supports. Individual student plans would be developed as needed including alternative educational options due to complications related to complications related to a communicable disease.


OHA/ODE Recommendation(s)	Response:
Describe what support, training or logistics need to be in place to ensure that the named strategies are understood, implemented, and monitored successfully.	Each school has scheduled staff meetings and collaboration days where this information is reviewed, discussed and implemented. Smaller impromptu team meetings can be scheduled and coordinated as needed to implement student specific strategies.



## Section 3. Communicable Disease Outbreak Prevention and Response:

### Implementing mitigation activities, responding to periods of increased transmission, resuming baseline level mitigation, and debriefing actions to improve the process

Planning for and implementing proactive health and safety mitigation measures assists schools in reducing communicable disease transmission within the school environment for students, staff, and community members. Communicable disease, including norovirus, flu and COVID-19, will continue to circulate in our communities and our schools. Schools will utilize different mitigation measures based on local data, and observation of what is happening in their schools (e.g., transmission within their facilities and communities.) In the following section, teams will document their school’s approach to the CDC, OHA and ODE advised health and safety measures at baseline, during increased transmission.

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**Suggested Resources:**

  1. Communicable Disease Guidance for Schools which includes information regarding:
  2. Symptom-Based Exclusion Guidelines (pages 8-12)
  3. Transmission Routes (pages 29-32)
  4. Prevention or Mitigation Measures (pages 5-6)
  5. School Attendance Restrictions and Reporting (page 33)
  6. [CDC Guidance for COVID-19 Prevention in K-12 Schools](#)
  7. [Supports for Continuity of Services](#)



**Table 5.**

**Communicable Disease Mitigation Measures**

OHA/ODE Recommendation(s) Layered Health and Safety Measures	Describe what mitigating measures the school will implement to reduce and respond to the spread of communicable disease and protect in-person instruction?
Immunizations	The school based health center onsite at the MS/HS campus offers vaccines weekly. At the start of the school year, booster and vaccine clinics will be encouraged and communicated with the staff and community. Information for families and students are communicated through school newsletters. The county public health also shares vaccine clinic information to the schools which then inform families.
Face Coverings	Face coverings are optional.
Isolation	Students and staff are isolated as per OHA guidelines for school settings. Secretary and attendance staff communicate current isolation guidelines to students and staff. District nurse provides updated guidelines and training to staff and administrators. District nurse calls families regarding questions or concerns as needed or directed.
Symptom Screening	Students and staff screen at home with “stay home when sick” consistent messaging. Students or staff with symptoms can present to health rooms at each location for screenings.
COVID-19 Diagnostic Testing	Take home COVID tests can be provided to ill students to use at home, upon request and based on availability.
Airflow and Circulation	Air purifiers will be used in health rooms and available for classrooms as well. Windows can be opened as needed to increase air flow.
Cohorting	No cohorts are recommended to begin the 2023-24 school year.
Physical Distancing	No physical distancing is recommended to begin the 2023-23 school year.
Hand Washing	Hand washing encouraged at multiple points during the school day with a primary focus prior to eating. Hand sanitizer is available and stocked at several high traffic areas.
Cleaning and Disinfection	High touch surface areas cleaned multiple times per day, per a cleaning schedule.
Training and Public Health Education	Letters will be sent home to describe exclusion requirements, health protocols and communicable disease specific information at the beginning of the school year and throughout the school year via emails and newsletters. District nurse attends monthly board meetings, providing health updates to board members, administrators and community members. District nurse attends regularly scheduled staff meetings to answer questions and provide guidance.

## PRACTICING PLAN TO BE READY

Training exercises are essential to preparedness ensuring individuals understand their role in a communicable disease event. Exercises can also help identify gaps in the planning, thereby building upon and strengthening the plan over time. Schools, districts, and ESDs should schedule to exercise this plan annually and when any revisions are made to update the plan. The plan, or component(s) of the plan, can be tested through conversations, practice exercises, or other activities.

<https://nknsd.org/> this plan is available for public viewing.

Date Last Updated: **8/22/2023**

Date Last Practiced: 8/30/23