

NOVEMBER 2023

NEHALEM ELEMENTARY

Monday

Tuesday

Wednesday

Thursday

Friday

Cream Cheese Bagel **1**
 Chicken Alfredo
 Crispy Chicken Salad

Pancakes **2**
 Tillamook Cheese
 Burger
 Deli Sandwich

Breakfast Pizza **3**
 Turkey & Wild Rice
 Soup
 *Sunbutter & Jelly

Yogurt Parfait **6**
 Corn Dog & Fries
 Deli Sandwich

Pancake on a Stick **7**
 Cheese Quesadilla
 Deli Sandwich

Breakfast Bar **8**
 Orange Chicken Over
 Rice
 Deli Sub

Breakfast Sandwich **9**
 Chicken Burger
 Tuna Salad

10
VETERAN'S DAY
NO SCHOOL

Waffles **13**
 Scalloped Potatoes &
 Ham
 *Sunbutter & Jelly

Scrambled Eggs & Eng. Muffin **14**
 Nachos
 Little Dipper Bentos

Pumpkin Bread **15**
PIZZA DAY

Breakfast Burrito **16**
 Sloppy Joe's
 Chicken Taco Salad

Oatmeal Rounds **17**
 Breakfast For
 Lunch

French Toast **20**
 Sweet & Sour Chicken
 Over Rice
 Cobb Salad

Biscuits & Gravy **21**
 Enchiladas
 Chef's Salad

22
NO SCHOOL

23
HAPPY
THANKSGIVING

24
NO SCHOOL

Lemon Bread **27**
 Chicken Nuggets &
 Rice Pilaf
 Deli Sandwich

Blueberry Muffin **28**
 Chicken Soft Taco
 Deli Sandwich

Cream Cheese Bagel **29**
 Mac & Cheese
 Tuna Sandwich

Pancakes **30**
 Bacon Cheeseburger
 Little Dipper Bentos
 (No School on Dec. 1st)

A variety of fresh fruits and vegetables are available daily on our offering bar. Every day choices of 1% and non-fat milk are available. All of our bread and pasta items are whole wheat or whole grain. Whole grain cereals are offered daily as a choice for breakfast. Menu items are subject to change due to availability.

*We are a peanut-free kitchen

"This institute is an equal opportunity provider"

NOVEMBER 2023

GARIBALDI GRADE SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

Cream Cheese Bagel **1**

Chicken Alfredo

Crispy Chicken Salad

Pancakes **2**

Tillamook Cheese
Burger
Deli Sandwich

Breakfast Pizza **3**

Turkey & Wild Rice
Soup
PB&J

Yogurt Parfait **6**

Corn Dog & Fries

Deli Sandwich

Pancake on a Stick **7**

Cheese Quesadilla

Deli Sandwich

Breakfast Bar **8**

Orange Chicken Over
Rice
Deli Sub

Breakfast Sandwich **9**

Chicken Burger

Tuna Salad

VETERAN'S DAY
NO SCHOOL

Waffles **13**

Scalloped Potatoes &
Ham
PB&J

Scrambled Eggs & Eng. Muffin **14**

Nachos

Little Dipper Bentos

Pumpkin Bread **15**

PIZZA DAY

Breakfast Burrito **16**

Sloppy Joe's

Chicken Taco Salad

Oatmeal Rounds **17**

Breakfast For
Lunch

French Toast **20**

Sweet & Sour Chicken
Over Rice
Cobb Salad

Biscuits & Gravy **21**

Enchiladas

Chef's Salad

NO SCHOOL

HAPPY
THANKSGIVING

NO SCHOOL

Lemon Bread **27**

Chicken Nuggets &
Rice Pilaf
Deli Sandwich

Blueberry Muffin **28**

Chicken Soft Taco

Deli Sandwich

Cream Cheese Bagel **29**

Mac & Cheese

Tuna Sandwich

Pancakes **30**

Bacon Cheeseburger
Little Dipper Bentos
(No School on Dec. 1st)

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NOVEMBER 2023

NEAH-KAH-NIE MIDDLE SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY
THANKSGIVING

Yogurt Parfait

6

Corn Dog & Fries

Deli Sandwich

Waffles

13

Scalloped Potatoes &
Ham

Deli Sandwich

French Toast

20

Teriyaki Chicken over
Rice

Cobb Salad

Lemon Bread

27

Chicken Nuggets &
Rice Pilaf

Deli Sandwich

Pancake on a Stick

7

Cheese Quesadilla

Cobb Salad

Scrambled Eggs & English
Muffin

14

Nachos

Deli Sandwich

Biscuits & Gravy

21

Enchiladas

Chef's Salad

Blueberry Muffin

28

Chicken Soft Taco

Deli Sandwich

Cream Cheese Bagel

1

Chicken Alfredo

Crispy Chicken Salad

Breakfast Bar

8

Orange Chicken over
Rice

Deli Sub

Pumpkin Bread

15

PIZZA DAY

NO SCHOOL

Cream Cheese Bagel

29

Build-Your-Own
Pasta Bar

Pancakes

2

Tillamook Cheese
Burger

Deli Sandwich

Breakfast Sandwich

9

Chicken Burger

Tuna Salad

Breakfast Burrito

16

Sloppy Joe's

Chicken Taco Salad

HAPPY
THANKSGIVING

23

Pancakes

30

Bacon Cheeseburger
Big Dipper Bento
(No School December 1st)

Biscuits & Gravy

3

Turkey & Wild Rice
Soup
PB&J

VETERAN'S DAY

NO SCHOOL

Oatmeal Rounds

17

Breakfast For
Lunch

NO SCHOOL

24

GIVE
THANKS

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NOVEMBER 2023

NEAH-KAH-NIE HIGH SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY
THANKSGIVING

Yogurt Parfait

6

Corn Dog & Fries

Deli Sandwich

Waffles

13

Scalloped Potatoes &
Ham

Deli Sandwich

French Toast

20

Teriyaki Chicken over
Rice

Cobb Salad

Lemon Bread

27

Chicken Nuggets &
Rice Pilaf

Deli Sandwich

Pancake on a Stick

7

Cheese Quesadilla

Cobb Salad

Scrambled Eggs & English
Muffin

14

Nachos

Deli Sandwich

Biscuits & Gravy

21

Enchiladas

Chef's Salad

Blueberry Muffin

28

Chicken Soft Taco

Deli Sandwich

Cream Cheese Bagel

1

Chicken Alfredo

Crispy Chicken Salad

Breakfast Bar

8

Orange Chicken over
Rice

Deli Sub

Pumpkin Bread

15

PIZZA DAY

NO SCHOOL

Cream Cheese Bagel

29

Build-Your-Own
Pasta Bar

Pancakes

2

Tillamook Cheese
Burger

Deli Sandwich

Breakfast Sandwich

9

Chicken Burger

Tuna Salad

Breakfast Burrito

16

Sloppy Joe's

Chicken Taco Salad

HAPPY
THANKSGIVING

23

Pancakes

30

Bacon Cheeseburger
Big Dipper Bento
(No School December 1st)

Biscuits & Gravy

3

Turkey & Wild Rice
Soup
PB&J

VETERAN'S DAY

NO SCHOOL

Oatmeal Rounds

17

Breakfast For
Lunch

NO SCHOOL

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GIVE
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