

JANUARY 2024

NEAH-KAH-NIE MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY NEW YEAR 1	Breakfast Bar 2 Chicken Quesadilla Deli Sandwich	Cream Cheese Bagel 3 Teriyaki Beef Bento Deli Sandwich	Scrambled Eggs & English Muffin 4 Chicken Burger Tuna Salad	Oatmeal Rounds 5 Meatball Sub Big Dipper Bento
PROFESSIONAL DEVELOPMENT NO SCHOOL 8	Pancakes 9 Nachos Deli Sub	Breakfast Sandwich 10 Tater Tot Casserole Chef's Salad	Banana Bread 11 Tillamook Cheese Burger Cobb Chop Salad	Biscuits & Gravy 12 Chicken Strip Basket Deli Sandwich
MARTIN LUTHER KING JR. DAY NO SCHOOL 15	Cream Cheese Bagel 16 Enchiladas Chef's Salad	Pancake on a Stick 17 Shepard's Pie Deli Sandwich	Breakfast Bar 18 Pulled Pork Sandwich Chef's Salad	Cinnamon Rolls 19 Chili Deli Sandwich
Waffles 22 Corn Dog & Fries Deli Sandwich	Scrambled Eggs & Biscuits 23 Taco Tuesday Chef's Salad	Blueberry Muffin 24 Build-Your-Own Pasta Bar Deli Sub	Breakfast Burrito 25 Sloppy Joe Chicken Taco Salad	Oatmeal Rounds 26 Pizza Sticks Big Dipper Bento
French Toast 29 Cheesy Breadsticks with Marinara Deli Sandwich	Yogurt Parfait 30 Burrito Deli Sandwich	Biscuits & Gravy 31 Orange Chicken over Rice Deli Sandwich		

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our bread and pasta items are whole wheat or whole grain. Every day choices of 1% and fat-free milk are offered. Whole grain cereal is an option at breakfast. Menu items are subject to change if needed.

"This institute is an equal opportunity provider"

JANUARY 2024

NEAH-KAH-NIE HIGH SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
1 HAPPY NEW YEAR	2 Breakfast Bar Chicken Quesadilla Deli Sandwich	3 Cream Cheese Bagel Teriyaki Beef Bento Deli Sandwich	4 Scrambled Eggs & English Muffin Chicken Burger Tuna Salad	5 Oatmeal Rounds Meatball Sub Big Dipper Bento
8 PROFESSIONAL DEVELOPMENT NO SCHOOL	9 Pancakes Nachos Deli Sub	10 Breakfast Sandwich Tater Tot Casserole Chef's Salad	11 Banana Bread Tillamook Cheese Burger Cobb Chop Salad	12 Biscuits & Gravy Chicken Strip Basket Deli Sandwich
15 MARTIN LUTHER KING JR. DAY NO SCHOOL	16 Cream Cheese Bagel Enchiladas Chef's Salad	17 Pancake on a Stick Shepard's Pie Deli Sandwich	18 Breakfast Bar Pulled Pork Sandwich Chef's Salad	19 Cinnamon Rolls Chili Deli Sandwich
22 Waffles Corn Dog & Fries Deli Sandwich	23 Scrambled Eggs & Biscuits Taco Tuesday Chef's Salad	24 Blueberry Muffin Build-Your-Own Pasta Bar Deli Sub	25 Breakfast Burrito Sloppy Joe Chicken Taco Salad	26 Oatmeal Rounds Pizza Sticks Big Dipper Bento
29 French Toast Cheesy Breadsticks with Marinara Deli Sandwich	30 Yogurt Parfait Burrito Deli Sandwich	31 Biscuits & Gravy Orange Chicken over Rice Deli Sandwich		

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NEHALEM ELEMENTARY SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY NEW YEAR 1	Breakfast Bar 2 Chicken Quesadilla Deli Sandwich	Cream Cheese Bagel 3 Teriyaki Beef Bento Deli Sandwich	Scrambled Eggs & English Muffin 4 Chicken Burger Tuna Salad	Oatmeal Rounds 5 Meatball Sub Little Dipper Bento
PROFESSIONAL DEVELOPMENT NO SCHOOL 8	Pancakes 9 Nachos Deli Sub	Breakfast Sandwich 10 Tater Tot Casserole Chef's Salad	Banana Bread 11 Tillamook Cheese Burger Cobb Chop Salad	Biscuits & Gravy 12 Chicken Strip Basket Deli Sandwich
MARTIN LUTHER KING JR. DAY NO SCHOOL 15	Cream Cheese Bagel 16 Enchiladas Chef's Salad	Pancake on a Stick 17 Shepard's Pie Deli Sandwich	Breakfast Bar 18 Pulled Pork Sandwich Chef's Salad	Cinnamon Rolls 19 Breakfast for Lunch
Waffles 22 Corn Dog & Fries Deli Sandwich	Scrambled Eggs & Biscuits 23 Taco Tuesday Chef's Salad	Blueberry Muffin 24 Spaghetti Deli Sub	Breakfast Burrito 25 Sloppy Joe Chicken Taco Salad	Oatmeal Rounds 26 Pizza Sticks Little Dipper Bento
French Toast 29 Cheesy Breadsticks with Marinara Deli Sandwich	Yogurt Parfait 30 Burrito Deli Sandwich	Biscuits & Gravy 31 Orange Chicken over Rice Deli Sandwich		

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GARIBALDI GRADE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY NEW YEAR 1	Breakfast Bar 2 Chicken Quesadilla Deli Sandwich	Cream Cheese Bagel 3 Teriyaki Beef Bento Deli Sandwich	Scrambled Eggs & English Muffin 4 Chicken Burger Tuna Salad	Oatmeal Rounds 5 Meatball Sub Little Dipper Bento
PROFESSIONAL DEVELOPMENT NO SCHOOL 8	Pancakes 9 Nachos Deli Sub	Breakfast Sandwich 10 Tater Tot Casserole Chef's Salad	Banana Bread 11 Tillamook Cheese Burger Cobb Chop Salad	Biscuits & Gravy 12 Chicken Strip Basket Deli Sandwich
MARTIN LUTHER KING JR. DAY NO SCHOOL 15	Cream Cheese Bagel 16 Enchiladas Chef's Salad	Pancake on a Stick 17 Shepard's Pie Deli Sandwich	Breakfast Bar 18 Pulled Pork Sandwich Chef's Salad	Cinnamon Rolls 19 Breakfast for Lunch
Waffles 22 Corn Dog & Fries Deli Sandwich	Scrambled Eggs & Biscuits 23 Taco Tuesday Chef's Salad	Blueberry Muffin 24 Spaghetti Deli Sub	Breakfast Burrito 25 Sloppy Joe Chicken Taco Salad	Oatmeal Rounds 26 Pizza Sticks Little Dipper Bento
French Toast 29 Cheesy Breadsticks with Marinara Deli Sandwich	Yogurt Parfait 30 Burrito Deli Sandwich	Biscuits & Gravy 31 Orange Chicken over Rice Deli Sandwich		

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