

Pirate Newsletter

Feb. '24 ~ Edition 23-24~ Vol.7

HAPPY VALENTINE'S DAY



NEAH-KAH-NIE

Pirates

A Note From the Principal

Hello Folks!

We have made it halfway through this school year!

6 week grade reports are in the mail, basketball and wrestling seasons are winding down, and seniors are finalizing their post high school plans. It is an exciting time here at Neah-Kah-Nie High School.

There are so many activities going on! The Pirate Speechies are having an amazingly successful season with most team members looking to qualify in their events. Our Cheer team has been learning new material and getting the fans pumped up at home games, Robotics teams are tuning up their machines getting ready for their next tournament, the FNRL team has really been dialing in our amazing timber sports competition area behind the baseball field and FBLA is back! At their last competition everyone placed in their events...we hope you saw the fun pictures we posted online.

Honor Society, Leos, and Student Government are all planning engaging events for students in support of our school and community! One of our seniors is hosting a golf tournament to raise funds for our Golf team- give us a call if you would like to sign up a team!

In addition to school sponsored events, we continue to be so appreciative of the Muddnick Foundation for their support of extended learning activities. On Monday, we enjoyed cheering on our Unified Basketball Team- a great game against the Tillamook Cheesemakers! We have two students planning to go to Costa Rica for the Partners of America Exchange program- Que Bueno! And, just this last weekend, we sent a great group of freshmen to watch the Blazers who unfortunately lost to the Bulls, but the participants were still winners making it up on the Jumbotron and receiving a shout out on National TV! A huge thank you to everyone who has participated in Muddnick events over the years- you have had such a large and positive impact on our school!

Last but not least, Neah-Kah-Nie High School is going through the re-accreditation process and we are seeking parents interested in talking with the reviewer. Please call us in the office if you are interested and willing to participate in a short interview- the virtual parent meetings will happen February 27th one at 3 p.m. and another at 4 p.m.

-Heidi Buckmaster

Student of the Month



STUDENTS OF the Month

Maleia Ham
&
Ryan Bozley

Esther's Happenings

Senior Project

CTE: Career Technical Education
(focused on delivering hands-on, skills-based education)

- CTE programs focus on in demand occupations across a variety of career pathways. At Neah-Kah-Nie, we offer Construction Trades, Business and Natural Resources. These programs prepare students for a wide range of high-wage, high-skill in demand careers. Many of our class offerings include opportunity for college credit and provide students an early start in their postsecondary plans.
- **What students should be interested in participating in CTE programs?** This question can be answered by our business CTE teacher, Mrs. Beckwith. She says, "I feel everyone should take at least two classes in different CTE program offerings. Many times students in one program, like say construction, need to take a class in another program, like Business, because they want to own their own construction business. CTE programs can work together to get students some training to start them on the right path to their career goal." Just by participating in these programs you are increasing your potential to be successful in the career you choose.
- **We all know stereotypes can be harmful but which are specifically tied to CTE learning?**

- Mr. Albrectsen voices, "It's a boys only club' is the stereotype that is wrong. It's a whole new way of working in the world that involves skills, critical thinking, and wellness to keep learning. It's not about brute strength, it's about having a thoughtful state of mind and the opportunity to not be looking into a monitor all the time." This is important to note because many can be led astray from their preferences due to presumptions made from others.
- In this school you can learn many things from your CTE teachers. Mr. Gernert shared, " I really enjoy watching students develop new skills. Engaged students will always find something they can work to improve. One of the great things about being a carpenter is that you can always learn something new. A carpenter's work has a lot of variety which keeps it interesting. It also saves you a gym membership."
- **CTE - it's a great opportunity for students to take advantage of!**
- Students who concentrate in a CTE pathway (6 or more classes) are more likely to graduate high school, get noticed by employers, are better prepared for their future careers and are likely to increase their earning potential by 45%. Those are some great benefits!



College & Career Updates!

Neah-Kah-Nie's College and Career team took our high schoolers on two field trips in January. On January 24th, eleven students visited the Chemeketa Community College's campus in Salem. They learned about the different programs Chemeketa offers, the financial aid Chemeketa has available, toured the campus, and ate on-site at the cafeteria. On January 31st, 27 students visited the Portland State campus. They were able to ask questions of current students in different programs, learn about the programs and financial aid available, tour the campus, and eat on-site at the cafeteria.

Next month, we have four more trips lined up: TBCC on 2/1, Job Corps on 2/13, Linfield University on 2/14, and U of O on 2/28. And many more to come! Parents, keep an eye out for permission forms coming home with your students!

JANUARY 31
8:00 AM - 3:00 PM



PORTLAND STATE
Lunch on campus included!

Permission forms
due by 1/30!

FEBRUARY 1
10:30 AM - 12:50 PM



TILLAMOOK BAY CC

TBCC is Hosting Transfer Days! You will be able to meet with representatives from: OSU, U of O, WOU, PSU, EOU, Oregon Tech, Pacific University, Bushnell, and Pacific Northwest College of Art

FEBRUARY 13
8:45 AM - 1:30 PM



JOB CORPS
Lunch on campus included!

Permission forms
due by 2/12

FEBRUARY 14
8:00 AM - 3:00 PM



LINFIELD
Lunch on campus included!

Permission forms
due by 2/12

FEBRUARY 28
7:30 AM - 5:30 PM



U OF O ← **NEW DATE!**
Lunch on campus included!

Permission forms
due by 2/26

MARCH 5
8:00 AM - 2:30 PM



WESTERN OREGON
Lunch on campus included!

Permission forms
coming soon!

MARCH 15
8:00 AM - 4:00 PM



WEST COAST TRAINING
Training for Heavy Equipment!

Permission forms
coming soon!

MARCH 21
8:00 AM - 3:00 PM



WILLAMETTE U
Lunch on campus included!

Permission forms
coming soon!

Senior News

Still needing to get your cap and gown? Time is getting short! Order your gap and gown as soon as possible in order to ensure delivery.

Main Jostens Page for Heah-Kah-Nie High School

My School Store | Graduation | Class Rings & Jewelry | Senior Souvenirs | Sports | Scholarships

Personal plans available!

Step 1: Choose Graduation Tab

Step 2: Click Grad Products

HELLO!

**HIGH SCHOOL GRADUATION
CAP, GOWN,
ANNOUNCEMENTS & MORE**

You've earned your Senior status - now it's time to enjoy it! From stylish apparel to custom photo cards and thoughtful keepsakes, we have everything you need to celebrate your time in high school.

Step 3: Explore Grad Products

EXPLORE GRAD PRODUCTS

Graduation | Class Rings & Jewelry

HIGH SCHOOL | COLLEGE

Grad Products | Caps & Gowns

Announcements | Stoles | Diploma Frames

CAP AND GOWN PACKAGES

OVERVIEW | COMPARE

SPIRIT PACK
\$177.00
CUSTOMIZE

SPIRIT PACK
\$125.00
CUSTOMIZE

BASIC PACK
\$85.50
CUSTOMIZE

Cap & Gown Unit

Choice of Tassel



NEAH-KAH-NIE

Senior Pictures



Baby, Yearbook, Wall, and Slideshow are due March 1st.

- ***Wall picture needs to be a close up (shoulders and face).***
- ***Baby picture can be any year from 0-5ish.***
- ***Yearbook and slideshow pictures can be whatever they like, as long as it is school appropriate. No paraphernalia, curse words on clothing, etc.***



Graduation Slideshow (Baby picture and senior picture)

Hallway Frame (Close up senior picture)

Yearbook (School appropriate senior picture)



FBLA

Neah-Kah-Nie FBLA has been busy studying for their Regional Competition coming up on January 27 at Canby High School. On January 4, three students met via video conference with industry business experts to discuss the competencies for their events in Sports & Entertainment Marketing and Organizational Management. Two other students met on January 9 with a business professional from the healthcare industry to discuss their event, Healthcare Administration. Students took their objective tests on January 10 & 11 after school. The week of

January 22, students will be working on mock role-plays to further develop their skills in preparation for their events at Regionals. Please wish them luck and we look forward to competing for an opportunity to attend the State Competition in April

Robotics

February 3rd will be NKN Robotics qualifying tournament at Hillsboro High School -this event will determine which NKN Teams are going on to a Second Chance Tournament, or the State Tournament in March. The public is invited and the event starts at around noon (after judging and inspections are over.)

Robotics Bootcamp is coming up on February 12th-15th. We are looking for students interested in learning if Robotics is for them! We will meet after school those four days from 3:45-6:00PM.

If your student is interested - please have them [fill out this form](#) by January 30th:

https://docs.google.com/forms/d/e/1FAIpQLSfpRBK3900h9tJyK5GZrFqI2rBQYaxnkCLL3e6E4C3g2h31iw/viewform?usp=sf_link

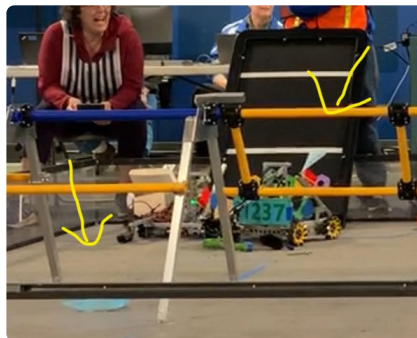
We do have limited slots for participants - and will notify parents and students by February 7th if they are chosen to attend (based on the applications we receive by the deadline!)

Robotics is a club for 7th-12th grade students - these students compete in [FIRST Tech Challenge](#), an International Robotics competition. In teams of 6-10 they will design, build, and program a robot to compete in a game that changes each year. The season starts the second Saturday of September, and continues through Winter, typically finishing by the middle of February or March.

We have 4 league meets in the Fall (on Saturdays) culminating in a Qualifying Tournament in early February which will determine which teams will continue to the State Competition.

NKN has several competitive teams and meets two days a week after school during the season. If students participate in other sports - we ask that they dedicate time each week for Robotics. It can be hard to do everything well - so we ask that those students that choose to participate in multiple activities be prepared to give Robotics dedicated time and attention.

Please contact Kathryn Harmon at kathrynh@nknsc.org if you have any questions.



Speech and Debate

Speech and Debate will compete in their final regular season tournament on February 10th at the Ryan Rutledge Invitational at Reynolds High School. With a small, but mighty team, they've made a

strong showing at every tournament thus far and are working hard for upcoming district tournaments in March.

The team will be heading to Reynolds on Feb. 10th with departure time at 5:00 AM. Keep up the strong showing!



NHS and Unified Basketball Partner Up

The National Honor Society and the Unified Club at Neah-Kah-Nie High School are partnering to hold the 1st annual NKN Polar Plunge in Rockaway Beach on Saturday, February 24th, location TBA. This event raises money for the [SpecialOlympics Oregon](#), which helps to coordinate events for our Unified Club at the High School and for the [Tillamook County Local Program](#).

Neah-Kah-Nie High School is a [Unified Champion School](#), working to promote inclusive sport, activities and leadership with students with and without intellectual disabilities. Our Unified Club has played basketball, soccer, and kickball. We have hosted Corn Hole tournaments, gone bowling and to the theater all in pursuit of inclusive play.

NKN students, staff, and family members can help support our cause by taking the plunge on February 24th or donating to a member at the school who is taking the plunge. Please use the link below to donate to a specific member or to join the team! Please contact Kim Gores or Carlotta Roddy if you have any questions.

NKN Polar Plunge

February 24th

Take the plunge with NHS to
raise money for our NKN
Unified Club

Sign up or donate at:

<https://support.soor.org/team/553709>

For more info contact

kimg@nknsd.org or

carlottar@nknsd.org



OMEA III Honor Choir Festival



NOSB

NOSB will be traveling to the Salmon Bowl Regional Competition on Feb. 2nd at Oregon State University. Departure time is 9:00 AM We wish them good luck!

Senior Safe Rummage Sale

— *NKN Senior Safe* —

DONATIONS NEEDED



Drop off:
HS Galley
2/23
5:00-8:00

What We Need

Appliances - Clothes - Furniture- etc

📞 503-801-2496

All items need to be
working & in great condition.

Garage "Sale"



**NKN SENIOR SAFE
DONATION ONLY**

HS GALLEY

**09:00 AM-
3:00 PM**



NEAH-KAH-NIE
Pirates

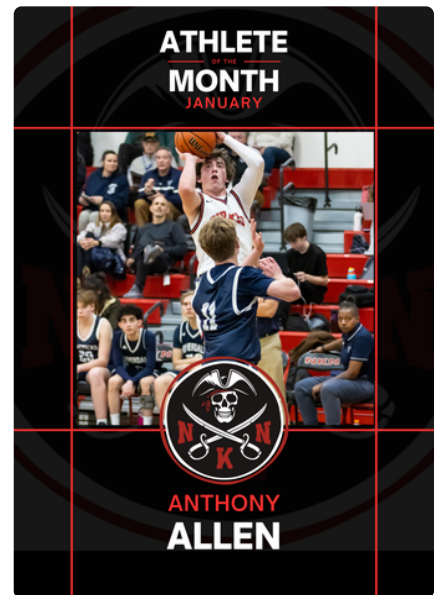
Athletes of the Month (Jan)



Unified Basketball-
Andrew Krumenaker



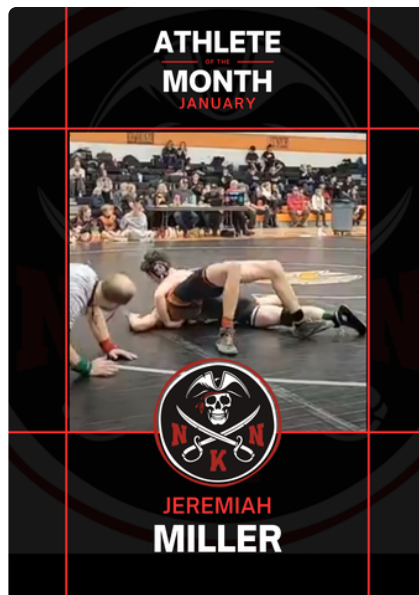
Boys Basketball-Ivan
Dante



Boys Basketball-Anthony
Allen



Boy's Basketball-Mason
Hackman



Wrestling-Jeremiah
Miller



Swimming-Hanna
Amirkhanian



BIANCA
SMITH

Spring Sports Start This Month

Spring Sport Practices Start Feb. 26th. Now is the time to complete all paperwork if you haven't yet this year!

1. Fill out the google form online and upload a current physical

Spanish- <https://forms.gle/DyFTKjA2HBQtNhG68>

English- <https://forms.gle/q4pp4kigxrca17f7A>

2. Contact Amy in the front office to receive hard copies.


Contact the office for more details. Please remember that there is a certain number of practices that are required before an athlete can participate in a game/event.


Winter Sports schedule will be posted at <https://www.smores.com/qdvre> as soon as games/meets are all confirmed.


Winter Sports Schedule


February 2024 						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Girls' Basketball						
Coaches: Corey Dumas corey@skunk.org						
	Armen Betts armen@skunk.org			1	2	3
4	5	6	7	8	9	10
	Cadets 6:00			Rainier 3:00, 6:00	Home vs Warrenton 4:30, 7:30	
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

February 2024 						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Boys' Basketball						
Coach: Erick White erick@skunk.org						
				1	2	3
4	5	6	7	8	9	10
	Cadets 3:00, 4:30, 7:30			Rainier 4:30, 7:30	Rainier 4:30, 6:00	
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

February 2024 						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
CHEER						
Coach: Lisa Hopkins lisa@skunk.org						
				1	2	3
4	5	6	7	8	9	10
					Home vs Warrenton 6:00, 7:30	
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

February 2024 						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
WRESTLING						
Coach: Alejandro Quintana alejandro@skunk.org						
				1	2	3
4	5	6	7	8	9	10
		Girl's Tournament Rainier				Boys Duxton 8:00 am, 10:00 am
11	12	13	14	15	16	17
					Girl's Squigzone TSD	
18	19	20	21	22	23	24
				State Tournament		
25	26	27	28	29		

February 2024 						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Unified Basketball						
				1	2	3
4	5	6	7	8	9	10
			3033 Senior Night 4:00			
11	12	13	14	15	16	17
18	19	20	21	22	23	24
			Forest Grove SSP			
25	26	27	28	29		

February 2024 						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
SWIMMING						
				1	2	3
4	5	6	7	8	9	10
					League Champ Tildenack	
11	12	13	14	15	16	17
					District Champ Newport	District Meet Newport
18	19	20	21	22	23	24
					State Meet Tualatin Hills	State Meet Tualatin Hills
25	26	27	28	29		

Support NKN by purchasing a Sponsorship Package



Pirate Package \$2,250

- Announcement at Sporting Events all Seasons
- Full Page Advertisement in Sport Program (You pick season)
- 6'x3' banner displayed along HWY 101 year around
- 6'x2' banner displayed on fence for Spring Sports (Baseball or Softball)
- 3'x2' banner displayed in gym for Winter Sports
- Family Pass to all sporting events

Black Package \$1,500

- Quarter Page Advertisement in Sports Program (You pick season)
- 6'x3' banner displayed along HWY 101 year around
- 6'x2' banner displayed on fence for Spring Sports (Baseball or Softball)
- 3'x2' banner displayed in gym for Winter Sports
- Family Pass to all sporting events

Red Package \$1,275

- 3.5"x2" Page Ad in Sports Program (You pick season)
- 6'x3' banner displayed on fence for Fall Sports
- 6'x2' banner displayed on fence for Spring Sports
- 3'x2' banner displayed in gym for Winter Sports
- Family Pass to all sporting events

Create Your Own Package

- Full Page Program Ad (Fall, Winter and/or Spring).....\$500 per season/\$1250 all seasons
- Quarter Page Program Ad (Fall, Winter and/or Spring).....\$200 per season/\$500 all seasons
- 3.5"x2" Page Ad in Sports Program.....\$75 per season/\$175 all seasons
- 6'x3' Stadium Banner displayed along HWY 101.....\$450
- 6'x2' Stadium Banner displayed along fence for Fall Sports.....\$350
- 6'x2' Stadium Banner displayed along fence for Spring Sports (Baseball or Softball).....\$350
- 3'x2' Gym Banner (Volleyball, Basketball, Wrestling).....\$250
- Football Scoreboard Signage.....\$500
- Poster Ad (Fall, Winter and/or Spring).....\$100 per season/\$250 all seasons

This week in Pirate Sports

[Check here for sport updates and streaming](#)

Notes from the Nurse

Immunization Exclusion Day

Just a reminder if you've received an immunization letter from the Middle School, vaccines are available at Neah-Kah-Nie Health and Wellness Center. Please call ahead to make your appointment! 503-355-3500. They are located within the cafeteria building (between the High School and Middle School). **Exclusion Day is February 21 2024**

▶ Need your immunizations?



STUDENT HEALTH
& WELLNESS CENTER

Did you know that all standard childhood vaccines are available at NKN Student Health & Wellness Center?

Age 15 and older: Stop by the health center to schedule an appointment.

Younger than 14: Stop by the health center to pick up paperwork for your parent/guardian to sign.

(COVID vaccines are available for ages 12 and up, and flu vaccines are available for all ages.)

Call 503-355-3500 to schedule an appointment.

503-355-3500 | nehalembayhealth.org

¿NECESITA VACUNAS?



STUDENT HEALTH
& WELLNESS CENTER

Las vacunas contra el COVID* y la gripe están disponibles en El Centro de Salud y Bienestar para Estudiantes de NKN.



Mayores de 15 años: pase por el centro de salud para programar una cita.

Menores de 14 años: pase por el centro de salud para recoger el papeleo para que lo firme su padre/tutor.

* Vacunas COVID para mayores de 12 años

503-355-3500 | nehalembayhealth.org

What's for Lunch

FEBRUARY 2024 NEAH-KAH-NIE HIGH SCHOOL				
Monday	Tuesday	Wednesday	Thursday	Friday
 5 PROFESSIONAL DEVELOPMENT NO SCHOOL	6 Banana Bread Hot Dog & Fries Deli Sandwich	7 Pancake on a Stick Lasagna Deli Sub	1 Breakfast Sandwich Tillamook Cheeseburger Deli Sandwich	2 Breakfast Bar Chili & Soft Pretzel Deli Sandwich
12 Waffles Cheesy Breadsticks With Marinara Deli Sandwich	13 Biscuits & Gravy Enchiladas Chef's Salad	14 Sweetheart Parfait Spaghetti Chicken Salad	8 Blueberry Muffin Hot Ham & Cheese Chef's Salad	9 Cinnamon Rolls PIZZA DAY
19 PRESIDENT'S DAY NO SCHOOL	20 Strawberry Cr. Cheese Bagel Chicken Quesadilla Deli Sandwich	21 French Toast Scalloped Potatoes And Ham Peanut Butter & Jelly	15 Breakfast Burrito Western Cheeseburger Deli Sandwich	16 Oatmeal Rounds Ravioli Peanut Butter & Jelly
26 Yogurt Parfait Corn Dog & Fries Deli Sandwich	27 Pancakes Bean & Cheese Burrito Deli Sandwich	28 Sausage & Biscuit Orange Chicken Over Rice Chef's Salad	22 Breakfast Bar Pulled Pork Chef's Salad	23 Banana Bread Mac & Cheese Deli Sandwich
			29 Ham & Cheese Bagel Sloppy Joe's Chicken Taco Salad	

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our bread and pasta items are whole wheat or whole grain. Every day choices of 1% and fat-free milk are offered. Whole grain cereal is an option at breakfast. Menu items are subject to change due to availability.

"This institute is an equal opportunity provider"

Counselor's Corner

Counselor's Corner

Happy New Year! See below for resources in our counselor's corner. We are here to help your student navigate the highs and lows of high school and look forward to working together to make this the best experience for you and your student.

TILLAMOOK COUNTY HEALTH CRISIS LINE

LINEA DE CRISIS DE SALUD MENTAL DEL CONDADO DE TILLAMOOK

Life can be stressfull and overwhelming daily for adults and children/teen alike. Tillamook Country residents have access to a 24-hour crisis response mobile unit:

Tillamook Country Mental Health Crisis Line 503-842-8201

Suicide Prevention Lifeline
1-800-SUICIDE (784-2433)
1-800-273-TALK (8255)

In Crisis? Text 741741



Safe Oregon/Oregon Seguro

SPEECH/DEBATE
TUESDAY AND WEDNESDAY
4:00-6:00
SHELBYD@NKNSD.ORG

NOSB
MARKM@NKNSD.ORG

NKN HS

JUNTOS
NATALIE.MACIAS@OREGONSTATE.EDU

NATIONAL HONOR SOCIETY
KIMG@NKNSD.ORG

FRNL

ROBOTICS
MONDAY & THURSDAY
4:00-6:00
KATHRYNH@NKNSD.ORG

STEPHENA@NKNSD.ORG

UNIFIED SPORTS
CARLOTTAR@NKNSD.ORG

STUDENT GOVERNMENT
RYANKEE@NKNSD.ORG



CHESS FOR SUCCESS
JAMESJ@NKNSD.ORG

PIRATE PLAYERS
STEPHENJC@NKNSD.ORG



Neah-Kah Nie High School

Neah-Kah is using Smore to create beautiful newsletters

