

Topic: Local School Wellness Policy

Overview:

School Food Authorities (SFAs) play a critical role in promoting wellness among students, staff, and families. To ensure schools promote an environment for student health and learning, SFAs operating the National School Lunch Program or other federal Child Nutrition Programs are required to establish a Local School Wellness Policy (LSWP) for all schools under its jurisdiction.

Requirements:

- ✓ Develop a current wellness policy. This policy must:
 - Include specific goals for nutrition education, physical activity, nutrition promotion, and other school-based activities to promote student wellness.
 - State nutrition guidelines for all foods available on the school campus. These guidelines must be consistent with federal regulations for school meal nutrition and Oregon Smart Snack nutrition standards.
 - Only allow for food and beverage marketing that meet the Smart Snack nutrition standards.
- ✓ Designate one or more school officials that has the authority to ensure wellness policy compliance at each school under its jurisdiction.
- ✓ Make the wellness policy available to the public, including an annual progress report with any updates to and about the policy, encouraging public comment and input.
- ✓ Review and update the wellness policy regularly.
- ✓ Invite stakeholders to participate in the development, review, updates, and implementation of the wellness policy.
- ✓ Assess progress made in attaining goals and wellness policy compliance and compare to model wellness policies every three years. Share the results of this assessment with the public.

Helpful Resources:

- ✓ [USDA Local School Wellness Policy](#) resources
- ✓ [Oregon Healthy Schools](#)
- ✓ [Sample Local School Wellness Policy](#)
- ✓ [Triennial Assessment Resources](#)- located under *Local School Wellness Policy and School Meal Environment* section, then under *Local School Wellness Policy and School Meal Environment Resources*.

Regulatory Reference:

- ✓ [7 CFR 210.31](#)

This institution is an equal opportunity provider.

Acronym Reference and Definitions

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| -CFR | Code of Federal Regulation |
| -ODE CNP | Oregon Department Education Child Nutrition Program |

The Washington Office of Superintendent of Public Instruction created this document. The Oregon Department of Education modified the document to apply to Oregon.