



NES June 2024 Newsletter

Important Dates/Reminders

- June 3rd - Battle of the Books Championship @ GGS - 9:00-10:30 a.m.
- June 3rd - 5th Grade Free Swim - 1:30-2:10 p.m.
- June 7th - Last Day for Preschool
- June 7th - Neah-Kah-Nie High School Graduation, Friday at 7:00 p.m.
- June 10th - School Board Meeting @ 6:30 p.m. @ the District Office or by Zoom
- June 12th - Field Day, 12:00-2:20 - Please contact the office if you're interested in volunteering.
- June 13th - Last Day of School - Early Release at 12:00 p.m.
- August 1st - Open Registration for New Students and Online Verification will be Open for the 24/25 School Year



Report cards will be mailed home the week after school gets out. Have a great Summer!!!



SCHOOL DISTRICT GARAGE SALE

Join us for a fantastic garage sale at your local school! It's the perfect opportunity to find hidden treasures, score amazing deals, and support the school district!



TUESDAY, JUNE 18TH
9:00 AM - NOON
GGs, NES, MS, & HS

Each building will have items that need to be cleared out of storage. Bring cash or check to purchase old desks, chairs, sports equipment, and more! Be sure to visit all schools to see everything for sale!

2024/2025 Class Assignment & Configurations

- **Preschool:** Mrs. Quintana
- **Kindergarten:** Mrs. Archer
- **1st Grade:** Ms. Spicer
- **2nd Grade:** Mrs. Honts and new to NES, Ms. Le Doux
- **3rd Grade -** Mrs. Christensen
- **3/4 Grade -** Mrs. Carbery
- **4th/5th Grade:** Mrs. Henderson and Mr. McCoy

Student placement will be based on Nehalem Elementary staff recommendations derived from our cumulative knowledge of a student's individual learning needs, personal characteristics and our desire to have balanced classrooms. We hope families will trust our professional judgment regarding their student's placement and not try to make requests. Final decision will be made by the building principal based on all of the factors. Due to uncertain summer time enrollment, final class lists will be posted in Parent Vue right before Labor Day Weekend in September.

Last Day of School

Thursday June 13th

10:45-11:45 a.m. K-5 Assembly in the Gym

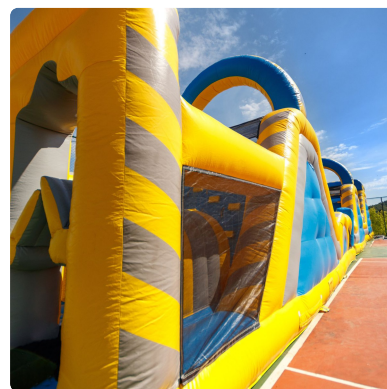
11:50 a.m. Bell Ringing for Grade 5 Students

12:00 - Dismissal

Families are welcome to attend. If you plan to take your student home from school PLEASE let the office know.

Field Day

Volunteers are needed for field day! Volunteers are needed on June 12th from 11:30 am to 2:20 pm. Volunteers are required to have an approved application on file in the office. If you are interested in volunteering please fill out this google form. Please click this link to sign up: <https://forms.gle/AYpLUxnd7xneeP3R7>



Lost and Found Items

All lost and found items will be donated after the last day of school. Please stop in and check if anything belongs to your child.

School Nurse

If you have checked medications in for your student and they no longer take those medications at school, please come to the office to collect the medicine. **All medicine must be picked up by the last day of school.** Any medications left in the office at the end of the school year will be discarded.

For outgoing 5th grade students:

If your student is interested in playing Fall Sports at the NKN Middle School (girls/boys cross country, boys football and girls volleyball), a sports physical must be turned in to participate. Take this [Sports Physical Form](#) with you to your medical appointment this summer and turn in a copy to the middle school at the beginning of the school year

Mrs. Jennifer



We made it! Another year in the books. It has been an absolute joy working with your children this year, helping them foster growth in their social emotional skills.

As we head into summer I'd like to share some ideas to continue your child's social emotional learning...

- Mindfulness has been practiced with our school wide Monday morning breathing practice. I encourage you to practice this with your students at home this summer. The more they practice the more automatic the mindfulness response becomes. [MindYeti](#) is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, one of the SEL curriculum used at NES. [Waterford.org](#) is another great resource for kids and mindfulness as well. Additionally, The [Child Mind Institute](#) is a great resource in learning more about supporting your children's mental health.
- Supporting children during big emotions is crucial in building their emotional intelligence. As adults, modeling for them the recognition of our own feelings and tools to work through them is so beneficial. for kids. Below is a script as a starting point to help your kiddos work through big emotions:

BIG EMOTION COACHING

1. ACKNOWLEDGE THE EMOTION

Let the Child know that you see they are experiencing an emotion

SAY: I can see something is bothering you.

2. LABEL THE EMOTION

Help the child understand what emotion they may be feeling

SAY: where is your energy level - high or low? Are you feeling comfortable or uncomfortable?

3. VALIDATE THE EMOTION

All emotions are valid even if the emotion doesn't fit the problem

SAY: It sounds like you feel ____ because of _____. Does that sound right?

Help your child problem solve

SADNESS needs comfort

SAY: It's ok to cry, do you want a hug?

ANGER needs patience

SAY: I'm going to wait over here until you are ready.

ANXIETY needs security

SAY: You're safe, I'm here for you. Tell me about it.

I hope you have a great summer!

PE-Mrs. Duer

May has been an active month in PE! Grades 2nd through 5th participated in a track and field unit and the 4th and 5th graders had the opportunity to travel to the high school track on May 17th to compete in a small track meet with Garibaldi Grade School. It was a great opportunity for all! All grade levels have been working on their frisbee throwing and catching skills. We are ending the month with upper grades learning game play strategies with invasion games while the younger

grades are focusing on following directions and fair game play with tag games and cooperative games.





MUNCH a LUNCH GRAB & GO

Kids Summer Lunch Program

June 17-August 21

North Route

Pick up spots and times are:

Monday & Wednesday

11:00-11:10	Nehalem Elementary School
11:20-11:30	Manzanita Library Lot
11:40-11:50	Nehalem Cemetery Lot
12:00-12:10	Bayside Gardens & Evergreen
12:20-12:30	Tohl & Echanie Ct

Or

11:30 to 12:00 Pick up also available at Nehalem Bay United Methodist Church

Please text 425-785-1057 with the location of pick up and number of children. This will help ensure we have an adequate number of lunches at that pick up spot.



COMER un ALMUERZO, GRAB & GO

Programa de almuerzo de verano para niños

17 de junio al 21 de agosto

Ruta Norte

Los lugares y horarios de recogida son:

Lunes & Miércoles

11:00-11:10	Escuela primaria Nehalem
11:20-11:30	Lote Biblioteca Manzanita
11:40-11:50	Lote del cementerio de Nehalem
12:00-12:10	Bayside Gardens & Evergreen
12:20-12:30	Tohl & Echanie Ct

O

11:30 a 12:00 **Recogida también disponible en la Iglesia
Metodista Unida de Nehalem Bay**

**Por favor envíe un mensaje de texto al 425-785-1057 con la ubicación de
recogida y número de niños. Esto ayudará a garantizar que tengamos una
cantidad adecuada de almuerzos en ese lugar de recogida.**



MUNCH a LUNCH GRAB & GO

Kids Summer Lunch Program

June 17-August 21

SOUTH ROUTE

Pick up spots and times are:

Monday & Wednesday

11:00-11:10	Wheeler (across from Post Office)
11:20-11:30	Mohler Coop Parking Lot
11:40-11:50	Miami Foley & Foss Rd
12:00-12:10	White Clover Grange
12:20-12:30	McDonald Rd/Island Drive

OR

11:30-12:00 **Nehalem Bay United Methodist Church**

Please text 425-785-1057 with the location of pick up and number of children in your house. This will help ensure we have an adequate number of lunches at that pick up spot.



COMER un ALMUERZO, GRAB & GO
Programa de almuerzo de verano
para niños
17 de junio al 21 de agosto
RUTA SUR

Los lugares y horarios de recogida son:

Lunes & Miércoles

11:00-11:10	Wheeler (frente a la oficina de correos)
11:20-11:30	Estacionamiento de la cooperativa Mohler
11:40-11:50	Miami Foley & Foss Rd
12:00-12:10	White Clover Grange (Hwy 53)
12:20-12:30	McDonald Rd/Island Drive
O	
11:30-12:00	Iglesia Metodista Unida de la Bahía de Nehalem

Envíe un mensaje de texto al 425-785-1057 con el lugar de recogida y la cantidad de niños en su casa. Esto ayudará a garantizar que tengamos una cantidad adecuada de almuerzos en ese momento de recogida.

NKN Employment Opportunities

Go to district website (Human Resources tab) and click on Current Openings to apply.

Substitute Employment



Beginning with the 2020-21 school year, Neah-Kah-Nie School District has contracted with [ESS](https://www.ess.com) for our substitute services. To become a substitute for the District please go to [ESS.com](https://www.ess.com), click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process.

If you have questions about the application process, or becoming a substitute, please contact ABrueske@ess.com or our Human Resources office at 503-355-3506.

NCRD Youth Center

Hello NES families! Do you need youth after school care? Please reach out to us here at NCRD. We pick up your students at Nehalem Elementary school at the end of each school day and are open until 5pm. The cost is \$6 per day per child. This includes a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, etc.) We offer full-day childcare on non- school days but are closed on all Federal holidays. No school days are \$20 per student with preregistration. June has 8 1/2 school days remaining, after that it's all summer. To preregister and prepay, contact the Welcome Center 855-444-6273 opt. 1. We provide care Monday through Friday from 7am until 5pm, until Field Trips start on Wednesdays July 3rd . If you have not registered for field trips stop by the Welcome Center as registration is limited. Care in the youth room will be every weekday except Wednesday as all youth staff will be on the field trips.

-Youth Sports-

Baseball/Tee-ball started Wednesday May 29 and runs through Wednesday July 3, 5:30 – 6:30pm at Rex Champ Field. It is never too late to register, just stop by the welcome center. If you are interested in volunteering/coaching for this or any sport, please let us know. None of this would be possible without the great coaches we have. angiet@ncrdnehallem.org kileyk@ncrdnehallem.org

NCRD Aquatics

NCRD AQUATICS SUMMER 2024

June 24 – August 30

OPEN SWIM

Children 5 years and younger must be accompanied by an adult.

- ☑ Recreational Swim | Monday – Friday (5 days a week) 1:00 pm – 3:00 pm
- ☑ Family Swim | Wednesday Evening 6:00 pm – 7:30 pm

	Youth Rates		Adult Rates	
In District:	\$2 per visit	\$18 Youth 10-visit Pass	\$6 per visit	\$50 Adult 10-visit Pass
Out of District:	\$3 per visit	\$25 Youth 10-visit Pass	\$8 per visit	\$65 Adult 10-visit Pass

SWIM LESSONS

Parent Tot Lessons | Tuesday or Thursday

Weekly, all season

- ☑ 9:15 am – 9:45 am

Parent Tot Lesson Rates	6 Lesson Package	
In District	One child \$42	Each additional sibling \$21
Out of District	One child \$54	Each additional sibling \$27

Youth Lessons | Tuesday & Thursday

Two-week Sessions (4 lessons each session)

- ☑ 10:15 am – 10:45 am Beginner/Intermediate Level (separate groups)
- ☑ 11:00 am – 11:30 am Intermediate Level

Youth Lessons	
Session 1	June 25, 27 & July 2 (*reduced rates below for shortened session)
Session 2	July 9, 11, 16, 18
Session 3	July 23, 25, 30 & August 1,
Session 4	August 6, 8, 13, 15

Youth Lessons Rates	One Session (4 Lessons)	
In District	One child \$32 / *\$24(sess#1)	Each additional sibling \$16 / *\$12
Out of District	One child \$40 / *\$30(sess#1)	Each additional sibling \$20 / *\$15

Reservations REQUIRED | call or e-mail

Call 855-444-6273, choose Option 3

Email suedg@ncrdnehalem.org



Amy Cram

Amy is using Smore to create beautiful newsletters