

# SEPTEMBER 2024

## NEAH-KAH-NIE MIDDLE SCHOOL

Deli Sandwiches are available  
Daily as an option for lunch



Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY <span>2</span>	Pancakes <span>3</span> Chicken Soft Taco	Yogurt & Graham Crackers <span>4</span> Spaghetti & Garlic Bread	Scrambled Eggs & Sausage <span>5</span> Tillamook Cheeseburger	Breakfast Sandwich <span>6</span> Popcorn Chicken
French Toast <span>9</span> Corn Dog	Ham & Cheese Bagel <span>10</span> Enchiladas	Sausage Bites <span>11</span> Mac & Cheese	Blueberry Muffin <span>12</span> Sloppy Joe's	Oatmeal Rounds <span>13</span> Chili & Soft Pretzel
Waffles <span>16</span> Cheesy Breadstick & Marinara	Strawberry Cream Cheese Bagel <span>17</span> Nachos	Breakfast Bars <span>18</span> Tater Tot Casserole	Pancake on a Stick <span>19</span> Chicken Burger	Cinnamon Rolls <span>20</span> Fish & Chips
PROFESSIONAL DEVELOPMENT NO SCHOOL <span>23</span>	Pancakes <span>24</span> Cheese Quesadilla	Strawberry Smoothie <span>25</span> Orange Chicken Over Rice	Scrambled Eggs & Sausage <span>26</span> Pulled Pork Sandwich	Breakfast Sandwich <span>27</span> Soup & Toasted Cheese Sandwich
French Toast <span>30</span> Hot Dog				

A variety of fresh fruits and vegetables are available daily on our offering bar. Every day choices of 1% and fat-free milk are offered. All of our bread items are whole wheat or whole grain. Whole grain cereals are an option at breakfast. Menu items are subject to change due to availability.

**"This institution is an equal opportunity provider"**

# SEPTEMBER 2024

## NEAH-KAH-NIE HIGH SCHOOL

Deli Sandwiches are available  
Daily as an option for lunch



Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY <sup>2</sup>	Pancakes <sup>3</sup> Chicken Soft Taco	Yogurt & Graham Crackers <sup>4</sup> Spaghetti & Garlic Bread	Scrambled Eggs & Sausage <sup>5</sup> Tillamook Cheeseburger	Breakfast Sandwich <sup>6</sup> Popcorn Chicken
French Toast <sup>9</sup> Corn Dog	Ham & Cheese Bagel <sup>10</sup> Enchiladas	Sausage Bites <sup>11</sup> Mac & Cheese	Blueberry Muffin <sup>12</sup> Sloppy Joe's	Oatmeal Rounds <sup>13</sup> Chili & Soft Pretzel
Waffles <sup>16</sup> Cheesy Breadstick & Marinara	Strawberry Cream Cheese Bagel <sup>17</sup> Nachos	Breakfast Bars <sup>18</sup> Tater Tot Casserole	Pancake on a Stick <sup>19</sup> Chicken Burger	Cinnamon Rolls <sup>20</sup> Fish & Chips
PROFESSIONAL DEVELOPMENT NO SCHOOL <sup>23</sup>	Pancakes <sup>24</sup> Cheese Quesadilla	Strawberry Smoothie <sup>25</sup> Orange Chicken Over Rice	Scrambled Eggs & Sausage <sup>26</sup> Pulled Pork Sandwich	Breakfast Sandwich <sup>27</sup> Soup & Toasted Cheese Sandwich
French Toast <sup>30</sup> Hot Dog				



# SEPTEMBER 2024

## NEHALEM ELEMENTARY

A variety of sandwiches are served daily as an option for lunch



Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY 2	Pancakes Chicken Soft Tacos 3	Yogurt & English Muffin Spaghetti & Garlic Toast 4	Scrambled Eggs & Sausage Tillamook Cheeseburger 5	Breakfast Sandwich Popcorn Chicken 6
French Toast Corn Dog & Fries 9	Ham & Cheese Bagel Enchiladas 10	Sausage Bites Mac & Cheese 11	Blueberry Muffins Sloppy Joe's 12	Oatmeal Rounds Chili & Soft Pretzel 13
Waffles Cheesy Breadsticks w/ Marinara 16	Strawberry Cream Cheese Bagel Nachos 17	Breakfast Bar Tater Tot Casserole 18	Pancake on a Stick Chicken Burger 19	Cinnamon Rolls Breakfast For Lunch 20
PROFESSIONAL DEVELOPMENT NO SCHOOL 23	Pancakes Cheese Quesadilla 24	Strawberry Smoothies Orange Chicken Over Rice 25	Scrambled Eggs & Sausage Chicken Nuggets 26	Breakfast Sandwich Soup & Sandwich 27
French Toast Hot Dogs 30				

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our bread and pasta items are whole wheat or whole grain. Gluten free options are available. Every day choices of fat-free and 1% milk are offered. Whole grain cereal is an option daily for breakfast. Menu items are subject to change due to availability.

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# SEPTEMBER 2024

## GARIBALDI GRADE SCHOOL

Deli Sandwiches are available  
Daily as an option for lunch



Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY 2	Pancakes Chicken Soft Taco 3	Yogurt & Graham Crackers Spaghetti & Garlic Bread 4	Scrambled Eggs & Sausage Tillamook Cheeseburger 5	Breakfast Sandwich Popcorn Chicken 6
French Toast Corn Dog 9	Ham & Cheese Bagel Enchiladas 10	Sausage Bites Mac & Cheese 11	Blueberry Muffin Sloppy Joe's 12	Oatmeal Rounds Chili & Soft Pretzel 13
Waffles Cheesy Breadstick & Marinara 16	Strawberry Cream Cheese Bagel Nachos 17	Breakfast Bars Tater Tot Casserole 18	Pancake on a Stick Chicken Burger 19	Cinnamon Rolls Fish & Chips 20
PROFESSIONAL DEVELOPMENT NO SCHOOL 23	Pancakes Cheese Quesadilla 24	Strawberry Smoothie Orange Chicken Over Rice 25	Scrambled Eggs & Sausage Pulled Pork Sandwich 26	Breakfast Sandwich Soup & Toasted Cheese Sandwich 27
French Toast Hot Dog 30				

A variety of fresh fruits and vegetables are available daily on our offering bar. Every day choices of 1% and fat-free milk are offered. All of our bread items are whole wheat or whole grain. Whole grain cereals are an option at breakfast. Menu items are subject to change due to availability.

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