OCTOBER 2025 SINKN HIGH SCHOOL

Sandwiches or Hand-Crafted Salads are available daily for Lunch

"This institute is an equal opportunity provider"

	Monday	Tuesday	Wednesday	Thursday	Friday
A		4	Cream Cheese Bage	Breakfast Pizza	Blueberry Muffin
1			Tater Tot Casserole	Bacon Cheese Burgers	Peppy Chicken Rotini
	Waffles 6	Banana Bread	Pancake on a Stick	Breakfast Sandwich	Cinnamon Rolls
	Hot Dogs & Baked Beans	Nachos	Chicken Alfredo	Chicken Burgers	Pizza Sticks
	Pancakes 13	Biscuits & Sausage	Yogurt & Grahams 15	Pumpkin Bread	Oatmeal Rounds 17
	SPAGHETTI & MEATBALLS	ENCHILADAS & FIESTA RICE	CHICKEN RAMEN	SHEPARD'S PIE	CHICKEN JAMBALAYA
	Breakfast Bar	Scr. Eggs & Sausage 21	Cream Cheese Bage	PK-12 Parent/Teacher Conference	PK-12 Parent/Teacher Conference
e	Corn Dogs	Chicken Tacos	Orange Chicken Over Rice	NO SCHOOL	NO SCHOOL
	French Toast 27	Blueberry Muffin 28	Pancake on a Stick 29	Breakfast Sandwich 30	Cinnamon Rolls
	Cheesy Breadsticks With Marinara	Burritos	Mac & Cheese	Chicken Strips & Fries	PIZZA DAY

HELP US CELEBRATE NATIONAL SCHOOL LUNCH WEEK OCT 13-17. FEEL FREE TO JOIN US FOR LUNCH AND EXPERIENCE OUR FAVORITE ETHNIC DISHES!!!

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our breads and pastas are whole wheat or whole grain. GF options are available Fat free and 1% milks are offered daily. Whole grain cereals are an option for breakfast.

OCTOBER 2025 NKN MIDDLE SCHOOL "This institute is an equal opportunity provider"

Sandwiches or Hand-Crafted Salads are available daily for Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
4		Cream Cheese Bage Tater Tot Casserole	Breakfast Pizza Bacon Cheese Burgers	Blueberry Muffin Peppy Chicken Rotini
Waffles Hot Dogs & Baked Beans	Banana Bread Nachos	Pancake on a Stick Chicken Alfredo	Breakfast Sandwich Chicken Burgers	Cinnamon Rolls Pizza Sticks
Pancakes SPAGHETTI & MEATBALLS	Biscuits & Sausage ENCHILADAS & FIESTA RICE	Yogurt & Grahams CHICKEN RAMEN	Pumpkin Bread SHEPARD'S PIE	Oatmeal Rounds CHICKEN JAMBALAYA
Breakfast Bar Corn Dogs	Scr. Eggs & Sausage 21 Chicken Tacos	Cream Cheese Bage Orange Chicken Over Rice	PK-12 Parent/Teacher Conference NO SCHOOL	PK-12 Parent/Teacher Conference NO SCHOOL
French Toast Cheesy Breadsticks With Marinara	Blueberry Muffin Burritos	Pancake on a Stick Mac & Cheese	Breakfast Sandwich Chicken Strips & Fries	Cinnamon Rolls PIZZA DAY

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OCTOBER 2025 GARIBALDI GRADE SCHOOL

Sandwiches or Hand-Crafted Salads are available daily for Lunch

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	Monday	Tuesday	Wednesday	Thursday	Friday
A			Cream Cheese Bage	Breakfast Pizza	Blueberry Muffin
	1		Tater Tot Casserole	Bacon Cheese Burgers	Peppy Chicken Rotini
	Waffles 6	Banana Bread	Pancake on a Stick	Breakfast Sandwich	Cinnamon Rolls
	Hot Dogs & Baked Beans	Nachos	Chicken Alfredo	Chicken Burgers	Pizza Sticks
	Pancakes 13	Biscuits & Sausage	Yogurt & Grahams 15	Pumpkin Bread 16	Oatmeal Rounds
	SPAGHETTI & MEATBALLS	ENCHILADAS & FIESTA RICE	CHICKEN RAMEN	SHEPARD'S PIE	FISH & CHIPS
	Breakfast Bar 20	Scr. Eggs & Sausage 21	Cream Cheese Bage 22	PK-12 Parent/Teacher Conference	PK-12 Parent/Teacher Conference
0	Corn Dogs	Chicken Tacos	Orange Chicken Over Rice	NO SCHOOL	NO SCHOOL
	French Toast 27	Blueberry Muffin 28	Pancake on a Stick	Breakfast Sandwich 30	Cinnamon Rolls 31
	Cheesy Breadsticks With Marinara	Burritos	Mac & Cheese	Chicken Strips & Fries	Candy Corn Pizza

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OCTOBER 2025 NEHALEM ELEMENTARY

Sandwiches or Hand-Crafted Salads are available daily for Lunch

"This institute is an equal opportunity provider"

Monday		Tuesday	Wednesday	Thursday	Friday
AND		A Mar	Cream Cheese Bage	Breakfast Pizza	Blueberry Muffin
	Ata	V	Tater Tot Casserole	Bacon Cheese Burgers	Peppy Chicken Rotini
Waffles	6	Banana Bread	Pancake on a Stick	Breakfast Sandwich	Cinnamon Rolls
Hot Dogs & Ba Beans	aked	Nachos	Chicken Alfredo	Chicken Burgers	Pizza Sticks
Pancakes	13	Biscuits & Sausage	Yogurt & Grahams 15	Pumpkin Bread	Oatmeal Rounds
SPAGHETTI MEATBALL		ENCHILADAS & FIESTA RICE	CHICKEN RAMEN	SHEPARD'S PIE	FISH & CHIPS
Breakfast Ba	20	Scr. Eggs & Sausage 21	Cream Cheese Bage 22	PK-12 Parent/Teacher Conference	PK-12 Parent/Teacher Conference
Corn Dogs		Chicken Tacos	Orange Chicken Over Rice	NO SCHOOL	NO SCHOOL
French Toas	27	Blueberry Muffin 28	Pancake on a Stick 29	Breakfast Sandwich	Cinnamon Rolls 31
Cheesy Breads With Marina		Burritos	Mac & Cheese	Chicken Strips & Fries	Candy Corn Pizza

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