



Neah-Kah-Nie Middle School

April 2026 Newsletter



From the Principal

Dear Parents and Guardians,

As we move into April, we are entering an exciting and important time of the school year. There are many meaningful learning opportunities and activities ahead, and we appreciate your continued support in helping your student stay engaged and successful.

Student-Led Conferences

Our Student-Led Conferences are coming up on:

- **April 15 from 4:00–8:00 PM**
- **April 16 from 8:00 AM–8:00 PM**

Conference sign-up information has been sent out through ParentSquare.

These conferences are a valuable opportunity for students to take ownership of their learning. Students have worked very hard to prepare their portfolios, and an important part of that learning process is sharing their progress, growth, and goals with you. We strongly encourage all families to attend, as this experience builds confidence, accountability, and pride in student achievement. Our goal is **100% participation**, and we look forward to seeing every family there.

Busy Season Ahead

The final weeks of the school year are always full of activity. Students will be participating in field trips, special events, and end-of-year celebrations. These experiences are designed to enrich learning and build lasting memories.

State Assessments

This time of year also brings our state assessments. These assessments are important because they provide valuable information about student progress and help guide instruction and support at both the classroom and school level.

- **8th grade students** will take **Science, ELA, and Math assessments**
- **6th and 7th grade students** will take **ELA and Math assessments**

Assessment Schedule:

- **Science:** April 27–30 (8th grade only)
- **Math:** May 5–8
- **ELA:** May 11–14

We ask for your partnership in helping your student come to school prepared to do their best. Ensuring they get a good night's sleep, eat a healthy breakfast, and arrive on time

can make a big difference in their performance and confidence.

Thank you for your continued support and partnership. We look forward to connecting with you during conferences and finishing the school year strong together.

Warm regards,

Lori Dilbeck
Principal, Neah-Kah-Nie Middle School

Important Dates to Remember

- April 3: 8th Grade Field Trip to Sky Zone
- April 6-10: Cash Clash Fundraiser
- April 10: 8th Graders in 7th Period Art or Healthy Lifestyles Field Trip to Hopscotch/Food Trucks
- April 15-16: Student-Led Conferences (signups happening in ParentSquare!)
- April 21: 8th Grade Parent Night
- April 23: OMEA Choir Festival (7th & 8th grade)
- April 27-30: SBAC Testing - Science

Important Dates to Come....

- *May 1: 7th Grade Field Trip to Top Golf*
 - *May 5-8: SBAC Testing - Math*
 - *May 11-14: SBAC Testing - ELA*
 - *May 15: Day of Service*
 - *May 20: 5th Grade Orientation Night*
 - *May 25: Memorial Day - **No School***
 - *May 26: MS Band/Choir Concert*
 - *May 27: 8th Grade Field Trip to Oregon State University*
 - *May 29: WEB Leaders Field Trip to Tree to Tree Adventure Park*
 - *June 5: 7th Grade Field Trip to Garibaldi Boathouse*
 - *June 9: All Grades School Dance*
 - *June 10: Last Day for Students (1:00 p.m. dismissal)*
-

April Student-Led Conferences



ParentSquare

Wednesday, April 15th 4:00 p.m. - 8:00 p.m.

Thursday, April 16th 8:00 a.m. - 8:00 p.m.

Student-Led conferences will be scheduled directly with your students' advisory teacher through ParentSquare, the new mobile school communication app.

If you haven't already, please download the ParentSquare app to stay connected to your child's school and our broader school community. Download information was emailed to you on March 9th.

With ParentSquare, you'll receive all school and classroom messages in one place—whether by email, text, the app, or web. You'll also be able to :

- Stay up to date on news and events
- Send and receive messages with teachers and staff
- Fill out field trip permission forms
- Sign up for conferences and volunteer opportunities
- View calendar events and photos from your school

From the Nurse



Measles Education & Awareness

Welcome back families!

Tillamook County Public Health has recommended our schools be **proactive** in our **Measles Education and Awareness** with information to staff and families.

The CDC confirmed 2,285 measles cases in the US for all of last year (2025), the most since 1991. 2026 has already seen 1,575 cases in the US with 5 confirmed cases in Oregon, though none in Tillamook County.

Below you will see "talking points" regarding measles for you and your families. The second attachment, "evidence of immunity" reviews what is considered protection. Now is a good time to review your own evidence of immunity to measles. Reach out to your medical provider regarding your own measles vaccine status, current immune status, or additional questions regarding measles and your health.

Again, this is a **proactive approach** to increase awareness regarding measles.

Thanks,

Denise Weiss RN
NKN District Nurse
[**denisew@nknsd.org**](mailto:denisew@nknsd.org)



2111 8th St. / P.O. Box 489
Tillamook, OR 97141
Telephone: (503) 842-3940
1-800-528-2938
Public Health Fax: (503) 842-3983
TTY: Oregon Relay Service:
1-800-735-2900
<http://www.tillamookchc.org>



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Measles: It's not just a little rash

- Measles is a very contagious, viral disease.
- Measles can be dangerous, especially for babies and young children.
- About 20-40% of people with measles will need to be hospitalized.
- One in every three will suffer complications such as ear infection or lung infection. In rare cases, it can lead to inflammation of the brain, which can cause long-term effects.
- For every 1,000 children with measles, one to two will die from it.

Measles symptoms

- Fever
- Cough and runny nose
- Red eyes
- A red rash that generally appears 3-5 days after other symptoms. It starts on the head and face and spreads to the rest of the body.
- Symptoms usually develop within one to two weeks after being exposed to someone with measles. Rarely, it can take up to four weeks for symptoms to appear.

How measles spreads

- Measles spreads when someone sick with the virus coughs or sneezes. It can also be spread by direct contact with nose or throat mucus of someone with measles.
- People can spread measles before they show obvious symptoms.
- A person who has never had a measles vaccine or a case of measles will almost always catch the disease if they are near an infected person.
- People are contagious with measles for four days before the rash appears and up to four days after.

Always call first

If you suspect you or your child has measles, please call your provider or an urgent care clinic first to make arrangements to avoid spreading the virus to others. Tillamook County Community Health Center and Nehalem Bay Health Center will make arrangements to see patients in their vehicle or a separate space if the patient has no vehicle. Adventist Health Primary Care, Urgent Care, and ER will provide you with instructions when you call.

You are protected from measles if:

- You are under age four and have had one dose of the measles, mumps and rubella vaccine.
- You are four or older and have had two measles vaccines.

- You were born before 1957.
- You have a blood test that shows you are immune.

Protect yourself and your family

The first dose of measles vaccine should be given at 12 to 15 months of age. The second dose at age 4 to 6. But it's never too late to get vaccinated. If you or your child have missed a vaccine, talk to your doctor about catching up.

Find a vaccine:

- At your health care provider
- At some pharmacies
- [Insert county-specific information here]

The measles vaccine is safe and effective

- The measles, mumps and rubella vaccine is very safe and has been used since the 1970s.
- It is highly effective at making sure you don't get measles at all.
- Minor side effects might occur and include pain at the site, fever, a mild rash and minor swelling.
- Severe side effects and allergies are very rare.
- No mercury is in childhood vaccines.

OUR MISSION: "TO PROTECT AND PROMOTE THE HEALTH OF ALL PEOPLE OF TILLAMOOK COUNTY." 1

OUR MISSION: "TO PROTECT AND PROMOTE THE HEALTH OF ALL PEOPLE OF TILLAMOOK COUNTY." 2

Tillamook Public Health may request this in the event of a direct exposure to measles.

The following are considered evidence of immunity in an instance of direct exposure to measles.

- Birth before 1957
- Laboratory-confirmed disease
- Laboratory evidence of immunity (protective antibody titers);
- Documentation of vaccination as follows:
 - o Children ≤ 6 years with 1 dose recommended per vaccine schedule: 1 dose
 - o Students in grades K-12: 2 doses
 - o Healthcare personnel: 2 doses
 - o Students at post-high-school educational institutions: 2 doses
 - o International travelers ≥12 months of age: 2 doses
 - o Close contacts of immunocompromised people: 2 doses
 - o People with HIV without evidence of severe immunosuppression: 2 doses
 - o Children 6-11 months who plan to travel internationally: 1 dose
 - o All other adults: 1 dose

Yondr Pouches



Reminders

Neah-Kah-Nie Middle School is a cellphone and smartwatch-free building. Upon enrollment, all students are issued a Yondr pouch to safely secure their electronic device(s) during school hours.

Students are responsible for bringing their Yondr pouch to school every day. If students forget their Yondr pouch, they are to turn their phone or watch in to the front office for

the school day.

The Yondr pouch is the property of the Neah-Kah-Nie School District and will be checked out to each student just like a textbook or Chromebook, and each student will be responsible for its condition. If a student damages their Pouch, a \$25.00 fee will be assessed for the replacement of the Pouch.

We will be sending out emails to families of students who have reported misplacing their pouch.

Cell Phone FAQ

Athletics

Neah-Kah-Nie Middle School

25111 Hwy. 101 North, Rockaway Beach, OR 97136
(503) 355-2990 - Fax: (503) 355-8514



2026 Track

<u>Date</u>	<u>Location</u>	<u>Dismissal/Departure</u>	<u>Start</u>
Wed 4/8	NKN (Tillamook, Warrenton)	2:50/	3:45
Wed 4/15	@ Seaside (Astoria, Jewell, Seaside)	1:45/2:05	3:30
Thur 4/23	@ Warrenton (Seaside, Banks)	1:30/1:45	3:45
Tues 4/28	@ Vernonia (Astoria, Warrenton)	12:45/1:00	3:30
Sat 5/10	Districts @ Astoria		10:00AM

Volunteers Needed!

Hello parents,

Our first meet of the track and field season is sneaking up quick — **it's happening next Wednesday, April 8th here at home and we could use your help!**

We are in need of adult volunteers who can read tape measurers and record distances with the following events:

- Discus
- Shot Put
- High Jump
- Long Jump
- Javelin

Participants will throw all 3 throws at one time, and we measure and record the farthest. High school helpers will be there to do the actual measuring, but we will need an adult to help supervise.

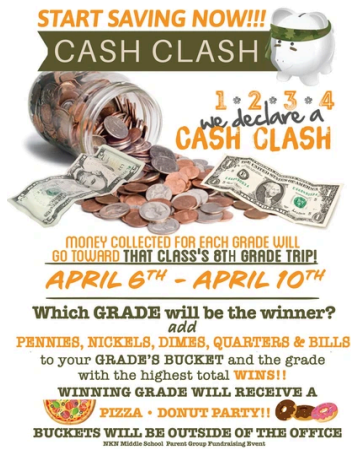
Please consider signing up to volunteer

here: **https://docs.google.com/spreadsheets/d/1HLLyehrLNfSjfdVSd9ulGShJPDCznc_0qRCpq-Yr1w/edit?gid=0#gid=0**

If you need to complete volunteer paperwork with the district, please complete and submit as soon as possible, as it can take a few days for the District Office to process applications. **You can find the district volunteer application here.**

Thank you in advance for your help!

Coming Soon....



2026 Cash Clash: April 6-10

Here is an opportunity for grades to show their Raiders spirit and raise money for their class. The MS Parent Group is supporting this fundraiser and will save ALL funds raised by each class for when they are in 8th grade to support their 8th grade promotion trip (this is a fun-filled day to celebrate the end of middle school).

Cash Clash (formerly Penny Wars) is the week of **April 6 - 10**. Have your student bring in coins and bills any—or every—day that week. The class with the most money raised by

the end of the week will get a pizza and donut party!

Let the **Cash Clash** begin!



8th Grade Parent Night: April 21

Save the date! Our 8th grade parent night will cover the high school structure, the course selection process, graduation requirements, and more! Happening April 21st at 6:00 p.m. in the MS/HS cafeteria.

**NKN MIDDLE SCHOOL
TRANSITION NIGHT**
Spring 2026



Get excited to be a Raider!

Who:
All upcoming NKN 2026/27 6th graders and their families

When:
May 20, 2026 5:00 - 6:00 PM

Where:
Neah-Kah-Nie Middle School

What:
Learn all about what middle school will be like and how to successfully make the transition! Students and parents will come away feeling prepared, ready, and EXCITED about starting 6th grade.



5th Grade Orientation Night: May 20

Upcoming Event: 5th Grade Orientation Night

We are excited to welcome our incoming 6th graders! On **May 20**, from **5:00–6:00 PM**, we will be hosting a **5th Grade Orientation Night**. This event is intended for families of current 5th graders who will be joining us next year.

We look forward to meeting our newest Raiders and helping them feel prepared and excited for middle school.



MS Band/Choir Concert: May 26

Come revel in the sights and sounds of our middle school band and choir! Concert will begin at 6:30 pm in the high school upper gym.

On the Menu

Mealtime

First servings of breakfast and lunch are free for all students in the district. For students who are wanting seconds, please ensure there is money on their Mealtime Account. Click the link below to access your student's Mealtime account.

Mealtime Online

APRIL 2026 NEAH-KAH-NIE MIDDLE SCHOOL					Sandwiches or Hand-crafted Salads are Available Daily for lunch!
Monday	Tuesday	Wednesday	Thursday	Friday	
		Breakfast Pizza 1 Spaghetti	Blueberry Muffins 2 Chicken Burgers	Pancakes 3 Crispy Chicken Drumsticks	
Breakfast Bars 6 Hot Dogs	Pumpkin Bread 7 Chicken Soft Tacos	Pancake on a Stick 8 Orange Chicken Over Rice	Breakfast Sandwiches 9 Rib-B-Que Sandwiches	Yogurt & Grahams 10 Pizza Sticks	
Waffles 13 Cheesy Breadsticks & Marinara	Sausage & Biscuits 14 Burritos	Banana Bread 15 Peppy Chicken Rotini	PARENT/TEACHER CONFERENCES NO SCHOOL	PARENT/TEACHER CONFERENCES NO SCHOOL	
French Toast 20 Corn Dogs	Strawberry Bagels 21 Chicken Quesadillas	Breakfast Burritos 22 Chicken Alfredo	Blueberry Muffins 23 Cheeseburgers	Cinnamon Rolls 24 Breakfast For Lunch	
Breakfast Bars 27 Chicken Strips	Pumpkin Bread 28 Enchiladas	Pancake on a Stick 29 Mac & Cheese	Bagel & Cream Cheese 30 Grilled Chicken Sandwich		

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our breads and pastas are whole grain or whole wheat. GF options may be available. Fat-free and 1% milks are offered daily. Whole grain cereal is an option at breakfast.
 "This institute is an equal opportunity provider"



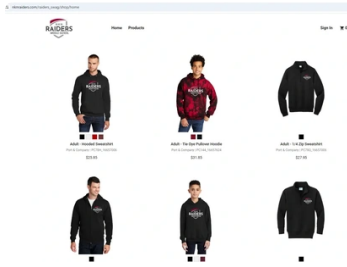
2025/26 Yearbooks

Neah-Kah-Nie Middle School 2025/26 Yearbooks are now available for pre-order!

Please click the link below or scan the QR code to secure your copy. Order deadline is Friday, May 8th, 2026.

Yearbook Store

Raiders Store



nknraiders.com

Show off your school spirit with our new Raiders online store! Find the right swag to match your style.

Raiders Store

Schedule Changes



Change in Plans?

If your student is needing to ride a different bus, or has a change in their after school plans, **please let our front office know no later than 3:15 p.m.!**

We cannot guarantee enough time to notify students past that time before the end of the day. Thank you for your

understanding.

2026 Camps



Camp Magruder

2026 Camps

Family & Adult

Memorial Day: May 22-25
Adult Renewal Retreat: June 5-7
Camp Hope*: June 29 - July 2
Grand Camp: July 31 - August 2
Labor Day: September 4-7
Needlework: October 8-14
**Camp Hope is for Adults with Developmental Disabilities*

Children & Youth

Mini Camp: June 29 - July 2
Music, Arts, Dance, Drama: July 5-10
Elementary I: July 5-10
Middle School I: July 5-10
Q Camp*: August 2-7
Elementary II: August 2-7
Middle School II: August 2-7
Sr High Coast Adventure: August 2-7
**Q Camp is for LGBTQIA+ Youth*

Registration Open Now!

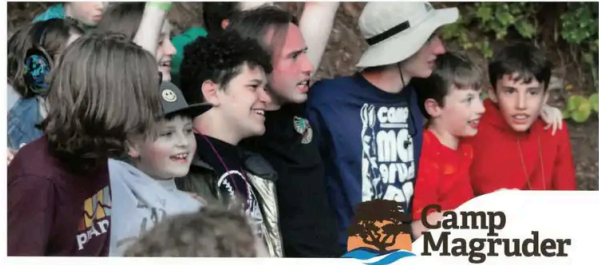
Experience summer camp on the stunning Oregon Coast, where adventure, friendship, and spiritual growth come to life. Join us for a season filled with joy, laughter, and meaningful connections that make camp unforgettable.



SCAN ME

Scholarship opportunities available for all programs | www.campmagruder.org/camp-scholarship

(503) 355-2310 | www.campmagruder.org | hope@campmagruder.org



Camp Magruder

Campamentos 2026

Familias y Adultos

Día de los Calidos: 22-25 Mayo
Retiro de Renovación para Adultos: 5-7 Junio
Campamento Esperanza*: 29 Junio - 2 Julio
Campamento para Abuelos y Nietos: 31 Julio - 2 Agosto
Día del Trabajo: 4-7 Septiembre
Encuentro de Labores y Manualidades: 8-14 Octubre
**Campamento Esperanza es para adultos con discapacidades del desarrollo.*

Niños y Jóvenes

Mini Campamento: 29 Junio - 2 Julio
Música, Arte, Danza y Teatro: 5-10 Julio
Primaria I: 5-10 Julio
Escuela Media I: 5-10 Julio
Campamento Q*: 2-7 Agosto
Primaria II: 2-7 Agosto
Escuela Media II: 2-7 Agosto
Aventura Costera para Secundaria Superior: 2-7 Agosto
Campamento Q es para jóvenes LGBTQIA+

¡Inscripciones Abiertas Ahora!

Vive el campamento de verano en la impresionante costa de Oregón, donde la aventura, la amistad y el crecimiento espiritual cobran vida. Únete a nosotros para una temporada llena de alegría, risas y conexiones significativas que hacen del campamento una experiencia inolvidable.



SCAN ME

Beas disponibles para todos los programas | www.campmagruder.org/camp-scholarship

(503) 355-2310 | www.campmagruder.org | hope@campmagruder.org

Marie Giani/Emily Massey
Head Secretary/Assistant Secretary