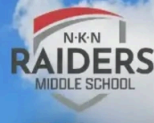


May 2026 Newsletter

Emily Massey • 2 minutes ago • Tuesday, Apr 28 at 12:47 PM • **Neah-Kah-Nie Middle School**

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Neah-Kah-Nie Middle School

May 2026

From the Principal

Dear Parents and Guardians,

As we move into the final stretch of the 2025–2026 school year, I want to take a moment to thank you for your continued partnership and support. This is one of our last full newsletters of the school year, with a shorter June edition still to come.

Thank You for Supporting Student-Led Conferences

A huge thank you to all of the families who attended Student-Led Conferences. We are proud to share that 88% of our families participated in their student's conference.

Your presence matters more than you may realize. When families take part in conferences, students see firsthand that their education is important and valued. These conversations help students reflect on their growth, celebrate accomplishments, and set goals for continued success. Thank you for making the time to be involved in this meaningful experience.

State Testing Has Begun

We have officially entered our state testing window.

- **This week:** All 8th grade students are taking the Science Assessment.
- Mr. Rocca has done an outstanding job preparing students for this test, and we are hopeful they will confidently show what they know.
- **Next week:** All students in grades 6–8 will take the Math Assessment.
- **Week of May 11:** All students in grades 6–8 will complete the Reading Assessment.

We appreciate your support in helping students arrive rested, on time, and ready to do their best.

Day of Service – May 15

We will celebrate the end of testing on May 15 with one of the most meaningful traditions of our school year—our **Day of Service**.

On this special day, all 185 students and 30 staff members will head out to serve at one of our 18 community partner locations. Students and staff will spend three hours giving back through projects such as:

- Weeding
- Clearing brush

- Clearing trails
- Wood chipping trails
- Edging plants
- Painting and staining
- Trimming blackberries
- Washing windows
- Washing firetrucks

This event benefits communities from Bay City to Manzanita and reminds us all of the power of service, teamwork, and community pride.

After a hard morning of work, everyone returns to school for a lunch generously sponsored by our Parent Group. They grill hot dogs and provide chips and fresh fruit for students. To top off the celebration, every student receives a bowl of Tillamook Ice Cream, kindly donated for the occasion.

All students and staff will also receive and wear this year's student-designed Day of Service T-shirt. It is a symbol of our unity and commitment to giving back. If you see students wearing these shirts around the community that day, please take a moment to thank them for their service.

Thank You

We are proud of our students and grateful for the strong support of our families and community. Together, we continue to create meaningful opportunities for students to learn, grow, and give back.

With appreciation,

Lori Dilbeck
Principal, Neah-Kah-Nie Middle School

Important Dates to Remember

- May 1: 7th Grade Field Trip to Top Golf
- May 4: Professional Development Day - **No School**
- May 5-8: SBAC Testing - Math
- May 11-14: SBAC Testing - ELA
- May 15: Day of Service - **All students will receive 7 hours of Community Service.*
- May 20: 5th Grade Orientation Night
- May 25: Memorial Day - **No School**
- May 26: MS Band/Choir Concert
- May 27: 8th Grade Field Trip to Oregon State University
- May 28: Senior Parade
- May 29: WEB Leaders Field Trip to Tree to Tree Adventure Park

Important Dates to Come....

- *June 5: 8th Grade Field Trip to Wings and Waves*
- *June 9: All Grades School Dance*
- *June 10: Last Day for Students (1:00 p.m. dismissal)*
- *June 10: 8th Grade Promotion*

25/26 Yearbooks



Available Now!

Neah-Kah-Nie Middle School 2025/26 Yearbooks are now available for pre-order!

Please click the link below or scan the QR code to secure your copy. Order deadline is Friday, May 8th, 2026.

Day of Service: May 15

Friday, May 15th

Neah-Kah-Nie Middle School's Day of Service is an annual community service event!

Every year, we send our students out to various locations across our district for a morning of giving back. All students will receive 7 hours of community service.



Pictured to the right is this year's winning shirt design, created by 8th grader Eleanor Stegner. It features the slogan, "Clean the seas. Save the bees. Plant the trees."

LOCATIONS

2025/26 DAY OF SERVICE

- Alder Creek/Lower Nehalem Community Trust
- NCRD
- Heart of CARTM
- Manzanita City Park
- Nedonna Beach Neighborhood Association
- NKNMS
- Rockaway Post Office
- Neah-Kah-Nie District Office
- Rockaway Beach Fire Department
- Rockaway Community Garden
- Twin Rocks Friends Camp
- Barview Jetty Store
- Garibaldi Grade School
- Garibaldi Fire Department
- Garibaldi Portside Bistro
- Bay City Arts Center
- Kilches Point Reserve

From the Nurse

Walk-in Fracture & Sports Injury Clinic

Monday – Friday | 7:30 a.m. – 4:00 p.m.
(excluding holidays). No appointment needed!
Ages 6-17 | If you have X-rays, please bring them! If not, we'll X-ray upon arrival.
No open wounds, nerves, or circulation issues

Onsite Services

Examples of Conditions Treated:

- ACL tears
- Fracture dislocations / HPL tears
- Ankle sprains
- Proximal tibia fracture / instability
- Discectomy

Treatments may include:

- Reduction / re-alignment
- Casting
- Bracing
- Post fracture follow-up

Radiology/Imaging

Our on-site radiology department provides a friendly environment with a team of technologists skilled in making pediatric and adolescent patients comfortable.

Rehabilitation

Physical therapy is an important additional component of care. If needed, our physical therapists will evaluate each patient to determine a plan of care specifically tailored to their needs.

Convenient, reliable, specialized care.

Call us at 903-275-3422 with any questions.

Learn more at shrinerschildrenshospital.org

3901 SW Farm, Seaside, Oregon 97138
 Portland, OR 97209

Sports Physicals

As we wind down this school year, start planning ahead for next year's sports!

If your child needs a sports physical, make a plan to complete this over the summer so there is no interruption once Fall Athletics begin next September (football, cheer/dance, volleyball).

Sports physicals can be obtained at your normal physician or at the Student Health and Wellness Center (open during the school calendar year). One additional option is a free walk-in sports clinic provided by Shriners Children's Hospital in Portland. See attached flyer for more info.

Athletics

Neah-Kah-Nie Middle School

25111 Hwy. 101 North, Rockaway Beach, OR 97136
 (503) 355-2990 - Fax: (503) 355-8514



2026 Track

Date	Location	Dismissal/Departure	Start
Wed 4/8	NKN (Tillamook, Warrenton)	2:50/	3:45
Wed 4/15	@ Seaside (Astoria, Jewell, Seaside)	1:45/2:05	3:30
Thur 4/23	@ Warrenton (Seaside, Banks)	1:30/1:45	3:45
Tues 4/28	@ Vernonia (Astoria, Warrenton)	12:45/1:00	3:30
Sat 5/10	Districts @ Astoria		10:00AM

Coming Soon....

NKN MIDDLE SCHOOL TRANSITION NIGHT Spring 2026



Get excited to be a Raider!

Who:
All upcoming NKN 2026/27 6th graders and their families

When:
May 20, 2026 5:00 - 6:00 PM

Where:
Neah-Kah-Nie Middle School

What:
Learn all about what middle school will be like and how to successfully make the transition! Students and parents will come away feeling prepared, ready, and EXCITED about starting 6th grade.



5th Grade Orientation Night: May 20

We are excited to welcome our incoming 6th graders! On **May 20, from 5 - 6:00 p.m.**, we will be hosting a **5th Grade Orientation Night**. This event is intended for families of current 5th graders who will be joining us next year.

We look forward to meeting our newest Raiders and helping them feel prepared and excited for middle school.



MS Band/Choir Concert: May 26

Come revel in the sights and sounds of our middle school band and choir! Concert will begin at 6:30 pm in the high school upper gym.



8th Grade Promotion: June 10

In celebration of the Neah-Kah-Nie Class of 2030.

Come congratulate our 8th graders as they move forward on their academic road to success!

On the Menu

MAY 2026					Sandwiches or Hand-crafted Salads are offered daily at Lunch!
NEAH-KAH-NIE MIDDLE SCHOOL					
Monday	Tuesday	Wednesday	Thursday	Friday	
 <p>PROFESSIONAL DEVELOPMENT NO SCHOOL</p>	 <p>Sausage & Biscuits Nacho Bar</p>	 <p>Banana Bread Spaghetti</p>	 <p>Breakfast Pizza Chicken Burger</p>	 <p>Yogurt & Grahams Lasagna Soup</p>	
<p>French Toast Corn Dogs</p>	<p>Strawberry Bagels Burritos</p>	<p>Breakfast Sandwich Orange Chicken Over Rice</p>	<p>Blueberry Muffins Rib-B-Que Sandwiches</p>	<p>Biscuits & Gravy Pizza Sticks</p>	
<p>Breakfast Bars Cheesy Breadsticks & Marinara</p>	<p>Pumpkin Bread Chicken Soft Tacos</p>	<p>Pancake on a Stick Chicken Ramen</p>	<p>Bagel & Cream Cheese Cheeseburgers</p>	<p>Yogurt & Eng. Muffins Chicken Strips</p>	
<p>MEMORIAL DAY NO SCHOOL</p>	<p>Sausage & Biscuits Enchiladas</p>	<p>Banana Bread Mac & Cheese</p>	<p>Breakfast Egg Rolls Sloppy Tots</p>	<p>Oatmeal Rounds Chili Dogs</p>	

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our breads and pastas are whole grain or whole wheat. GF options may be available. Fat-free and 1% milks are offered daily. Whole grain cereals are available for breakfast.
 "This institute is an equal opportunity provider"

Mealtime Online

Yondr Pouches



Reminders

Neah-Kah-Nie Middle School is a cellphone and smartwatch-free building. Upon enrollment, all students are issued a Yondr pouch to safely secure their electronic device(s) during school hours.

Students are responsible for bringing their Yondr pouch to school every day. If students forget their Yondr pouch, they are to turn their phone or watch in to the front office for

the school day.

The Yondr pouch is the property of the Neah-Kah-Nie School District and will be checked out to each student just like a textbook or Chromebook, and each student will be responsible for its condition. If a student damages their Pouch, a \$25.00 fee will be assessed for the replacement of the Pouch.

Students will be turning in their Yondr pouch at the end of the year. Any pouches not returned will be charged a replacement fee.

Cell Phone FAQ

Wild Rivers 4-H Camp




About our Camp:
 At 4-H Summer Camps, you'll dive into hands-on adventures while exploring natural science, technology, and outdoor skills. It's all about Learning by Doing—the 4-H way!
 You'll discover a place to find your spark, learn how to make friends, and have unforgettable experiences.

Held at the Oregon Outdoor Education Center in the Eola Hills of Polk County.

Contact Us:
 Andrea.Leao@oregonstate.edu
 or
 Melanie.McCabe@oregonstate.edu

Camps are operated by OSU Extension Service 4-H Youth Development Program Faculty from Marion, Linn, Columbia, and Polk Counties

4-H Wild West & Four Rivers Camp have combined to Wild Rivers 4-H Camp
 Taking the best of both camps and bringing them together

With Two Full Weeks of Camp Fun for Age 9-13
 Camp Dates
 June 17-21 | August 11-15
 Learn More at
<https://extension.oregonstate.edu/4h/summer-camps>

Horseback Riding, Swimming, Canoes, Archery, Giant Swing, Outdoor Cookery, Gold Panning



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*Scholarships Available!

Scholarships are available on a first-come, first-serve basis! Contact the front office for a form, or have your student pick one up to take home.

Scholarship applications due no later than May 15, 2026.

Self-Care & Co-regulation Workshops

Northwest Parenting &
Tillamook Family Counseling Center Present

**Self Care &
Co-regulation Workshops
for Parents & Caregivers of Children**

Tuesday, May 19, 2026

6-8pm

Virtual on Zoom

email melissacs@tfcc.org to register

Self Care & Co-regulation, helping a child
soothe their emotions and manage
stress, is vital for building healthy
relationships and fostering
emotional well being.

Marie Giani/Emily Massey
Head Secretary/Assistant Secretary