

OCTOBER 2026

GARIBALDI GRADE SCHOOL

Fresh Fruits and Veggies Daily
Whole Grain Pasta and Bread
Fat-Free, 1%, and Whole Milk

Monday

Tuesday

Wednesday

Thursday

Friday

French Toast

5

Mac & Cheese

Yogurt & Biscuits

6

Chicken & Cheese
Quesadillas

Pancake on a Stick

7

Enchilada Casserole

Blueberry Muffins

1

Chicken Burgers

Breakfast Sandwiches

2

Soup & Grilled
Cheese Sandwiches

Breakfast Bagels

8

Rib-B-Que's

Waffles

9

Fish & Chips

Pancakes

12

Cheesy Breadsticks
& Marinara

Breakfast Pizza

13

Burritos &
Mexican Rice

Pumpkin Bread

14

Spaghetti

Cream Cheese Bagels

15

Cheeseburgers

Breakfast Bars

16

Hot Dogs &
Baked Beans

Sausage & Biscuits

19

Corn Dogs

Breakfast Burritos

20

Enchiladas

Banana Bread

21

Tater Tot
Casserole

Breakfast Sandwiches

22

Chicken Strip Basket

Oatmeal Rounds

23

Breakfast For
Lunch

PROFESSIONAL
DEVELOPMENT
NO SCHOOL

26

Yogurt & Eng. Muffins

27

Street Corn
Tacos

Pancake on a Stick

28

Lasagna

Breakfast Bagels

29

Crispy Chicken
Drumsticks

Waffles

30

Candy Corn Pizza

Sandwiches or Hand-Crafted Salads are an option daily for lunch.
Join us in celebrating "National School Lunch Week" October 12-16!!
"This institute is an equal opportunity provider"

OCTOBER 2026

NEHALEM ELEMENTARY

Fresh Fruits and Veggies Daily
Whole Grain Pasta and Bread
Fat-Free, 1%, and Whole Milk

Monday

Tuesday

Wednesday

Thursday

Friday

French Toast

5

Mac & Cheese

Yogurt & Biscuits

6

Chicken & Cheese
Quesadillas

Pancake on a Stick

7

Enchilada Casserole

Blueberry Muffins

1

Chicken Burgers

Breakfast Sandwiches

2

Soup & Grilled
Cheese Sandwiches

Waffles

9

Fish & Chips

Pancakes

12

Cheesy Breadsticks
& Marinara

Breakfast Pizza

13

Burritos &
Mexican Rice

Pumpkin Bread

14

Spaghetti

Cream Cheese Bagels

15

Cheeseburgers

Breakfast Bars

16

Hot Dogs &
Baked Beans

Sausage & Biscuits

19

Corn Dogs

Breakfast Burritos

20

Enchiladas

Banana Bread

21

Tater Tot
Casserole

Breakfast Sandwiches

22

Chicken Strip Basket

Oatmeal Rounds

23

Breakfast For
Lunch

PROFESSIONAL
DEVELOPMENT
NO SCHOOL

26

Yogurt & Eng. Muffins

27

Street Corn
Tacos

Pancake on a Stick

28

Lasagna

Breakfast Bagels

29

Crispy Chicken
Drumsticks

Waffles

30

Candy Corn Pizza

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OCTOBER 2026

NEAH-KAH-NIE MIDDLE SCHOOL

Fresh Fruits and Veggies Daily
Whole Grain Pasta and Bread
Fat-Free, 1%, and Whole Milk

Monday

Tuesday

Wednesday

Thursday

Friday



French Toast

5

Mac & Cheese

Yogurt & Biscuits

6

Chicken & Cheese
Quesadillas

Pancake on a Stick

7

Enchilada Casserole

Blueberry Muffins

1

Chicken Burgers

Breakfast Sandwiches

2

Soup & Grilled
Cheese Sandwiches

Breakfast Bagels

8

Rib-B-Que's

Waffles

9

Pizza Sticks

Pancakes

12

Cheesy Breadsticks
& Marinara

Breakfast Pizza

13

Burritos &
Mexican Rice

Pumpkin Bread

14

Spaghetti

Cream Cheese Bage

15

Cheeseburgers

Breakfast Bars

16

Hot Dogs &
Baked Beans

Biscuits & Gravy

19

Corn Dogs

Breakfast Burritos

20

Enchiladas

Banana Bread

21

Tater Tot
Casserole

Breakfast Sandwiches

22

Chicken Strip Basket

Oatmeal Rounds

23

Breakfast For
Lunch

PROFESSIONAL
DEVELOPMENT
NO SCHOOL

26

Yogurt & Eng. Muffins

27

Street Corn
Tacos

Pancake on a Stick

28

Lasagna

Breakfast Bagels

29

Crispy Chicken
Drumsticks

Waffles

30

Candy Corn Pizza

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OCTOBER 2026

NEAH-KAH-NIE HIGH SCHOOL

Fresh Fruits and Veggies Daily
Whole Grain Pasta and Bread
Fat-Free, 1%, and Whole Milk

Monday

Tuesday

Wednesday

Thursday

Friday

French Toast

5

Mac & Cheese

Yogurt & Biscuits

6

Chicken & Cheese
Quesadillas

Pancake on a Stick

7

Enchilada Casserole

Blueberry Muffins

1

Chicken Burgers

Breakfast Sandwiches

2

Soup & Grilled
Cheese Sandwiches

Breakfast Bagels

8

Rib-B-Que's

Waffles

9

Pizza Sticks

Pancakes

12

Cheesy Breadsticks
& Marinara

Breakfast Pizza

13

Burritos &
Mexican Rice

Pumpkin Bread

14

Spaghetti

Cream Cheese Bagels

15

Cheeseburgers

Breakfast Bars

16

Hot Dogs &
Baked Beans

Biscuits & Gravy

19

Corn Dogs

Breakfast Burritos

20

Enchiladas

Banana Bread

21

Tater Tot
Casserole

Breakfast Sandwiches

22

Chicken Strip Basket

Oatmeal Rounds

23

Breakfast For
Lunch

PROFESSIONAL
DEVELOPMENT
NO SCHOOL

26

Yogurt & Eng. Muffins

27

Street Corn
Tacos

Pancake on a Stick

28

Lasagna

Breakfast Bagels

29

Crispy Chicken
Drumsticks

Waffles

30

Candy Corn Pizza

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